

One Of Those

拍數: 80 牆數: 2 級數: Intermediate
編舞者: Luke Shrimpton (UK) - February 2014
音樂: Drink to That All Night - Jerrod Niemann



Intro: 32 Counts – Start on lyrics

[1-8] Step Back ½ turn R, Step Back L, Coaster Step, Step Forward L, Pivot ¼ Turn, L Cross Shuffle

- 1 Step back on the right foot turning a ½ turn over left shoulder (6 O'clock)
- 2 Step back on left foot
- 3&4 Step back on right foot, step left together, step forward on right foot
- 5 Step forward onto left foot
- 6 Pivot ¼ turn right (9 O'clock) transferring weight onto right foot
- 7&8 Cross left foot over right, step right to right side, cross left foot over right

[9-16] Point R to R, Kick R to R, R behind & Cross, Rock L to L, L behind ¼ step

- 9 Point the right foot to the right side
- 10 Kick the right foot to the right diagonal
- 11&12 Step right foot behind left, step left foot to left side, cross right foot over left foot
- 13 Rock left foot out to left side
- 14 Recover weight back onto right foot
- 15&16 Step left foot behind right foot, step forward on right foot turning a ¼ turn right (12 O'clock) step forward on left foot.

[17-24] R Shuffle, L Shuffle, R shuffle, L Shuffle (optional arm styling: Make your hands into pistols and place on your hips and pretend to fire them as you shuffle.)

- 17&18 Step right foot to right diagonal, close left foot to right, step right foot to right diagonal
- 19&20 Step left foot to left diagonal, close right foot to left, step left foot to left diagonal
- 21&22 Step right foot to right diagonal, close left foot to right, step right foot to right diagonal
- 23&24 Step left foot to left diagonal, close right foot to left, step left foot to left diagonal

[25-32] R Jazzbox ¼ turn, ¼ Shuffle Right, Pivot ½ Turn

- 25 Cross right foot over left foot
- 26 Step back on left foot
- 27 Step right foot ¼ turn right (3 O'clock)
- 28 Step left foot next to right
- 29&30 Step forward right foot turning ¼ turn right (6 O'clock), close left foot to right foot, step forward on right foot
- 31 Step forward onto left foot
- 32 Pivot ½ turn over right shoulder (12 O'clock) replacing weight onto right foot.

[33-40] L Shuffle, ¾ Hinge Turn, R Cross Shuffle, L rock and Cross

- 33&34 Step forward on left foot, close right foot to left foot, step forward on left foot
- 35 Step right foot to right side turning a ¼ over left shoulder (9 O'clock)
- 36 Step left foot to left side turning ½ turn over left shoulder (3 O'clock)
- 37&38 Cross right foot over left foot, step left foot to left side, cross right foot over left foot
- 39&40 Rock left foot out to left side, recover weight onto right foot, cross left foot over right foot

[41-48] R toe strut ¼ turn, L toe strut ¼ turn, R toe strut ¼ turn, L coaster step

- 41 Point right toe ¼ over right shoulder (6 O'clock)
- 42 Step weight onto right foot
- 43 Point left toe to left side turning ¼ over right shoulder (3 O'clock)

- 44 Step weight onto left foot
- 45 Point right toe backwards turning $\frac{1}{4}$ over right shoulder (12 O'clock)
- 46 step weight onto right foot
- 47&48 Step back onto left foot, step right foot next to left foot, step forward on left foot

[49-56] Walk R,L, R Kick, Point R behind, Twist $\frac{1}{2}$ turn, R Coaster step

- 49 Step forward onto right foot
- 50 Step Forward onto left foot
- 51 Kick Right foot forward
- 52 Point right toe backwards
- 53&54 Twist heels Left to face (3 O'clock), Twist heels back to centre to face (12 O'clock), Twist heels left to turn a $\frac{1}{2}$ turn over right shoulder to face (6 O'clock)
- 55&56 Step back on right foot, step left foot next to right foot, step forward on right foot.

[57-64] Cross L over R, Point R to R, R Behind & Cross, Point L to L, Hitch, Point L to L, L Behind & Cross

- 57 Cross left foot over right
- 58 Point right foot to right side
- 59&60 Step right foot behind left foot, step left foot to left side, cross right foot over left foot
- 61&62 Point left foot to left side, Hitch left knee, Point left foot to left side
- 63&64 Cross left foot behind right foot, step right foot to right side, cross left foot over right foot

[65-72] Step R to R, Close L, R $\frac{1}{4}$ Shuffle Turn, L Step $\frac{1}{2}$ Step, Full Turn LR,

- 65 Step right foot to right side
- 66 Close left foot to right foot
- 67&68 Step right foot forward turning $\frac{1}{4}$ turn over right shoulder (3 O'clock), close left foot to right foot, step forward on right foot
- 69&70 Step forward onto left foot, pivot $\frac{1}{2}$ turn over right shoulder transferring weight onto right foot (9 O'clock), step forward onto left foot
- 71 Step back on right foot turning $\frac{1}{2}$ turn over left shoulder (3 O'clock)
- 72 Step forward onto left foot turning $\frac{1}{2}$ turn over left shoulder (9 O'clock)

[73-80] R shuffle, L Step $\frac{1}{2}$ Step, R Paddle 1 $\frac{1}{4}$ Turn

- 73&74 Step right foot forward, close left foot to right foot, step right foot forward
- 75&76 Step left foot forward, pivot $\frac{1}{2}$ turn (9 O'clock), step forward on left foot
- 77 Point right foot to right side turning a $\frac{1}{4}$ turn over left shoulder (6 O'clock)
- 78 Point right foot to right side turning $\frac{1}{4}$ turn over left shoulder (3 O'clock)
- 79 Point right foot to right side turning $\frac{1}{2}$ turn over left shoulder (9 O'clock)
- 80 Point right foot to right side turning $\frac{1}{4}$ turn over left shoulder (6 O'clock)

Start again and Enjoy

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