Hot in Here



拍數: 32 編數: 2 級數: Novice Cha Cha

編舞者: Nicola Lafferty (UK) - January 2014

音樂: Hot In Here - Rascal Flatts

Intro: 16 Count Intro

Note: There is a 2 count Tag after Wall 9 – See note below.

[1-9] Cha Cha Basic, Triple with ¼ Turn L, ¼ Pivot, Bota Fogo

1,2,3 Step RF to R side, Rock LF fwd, Recover weight to RF

4&5 Step LF to L side, close LF to RF, Step LF fwd making ¼ turn L (face 9.00)

6,7 Step RF fwd, ¼ pivot turn to L (face 6.00)

8&1 Cross RF over LF, Rock Lf to L side, Recover weight to RF (face 6.00)

[10-17] 2 x Walks, Mambo fwd, Step back, Touch Back, ¼ Turn R, Cross Rock, Recover. Step to Side

2,3 Walk fwd LF, Walk fwd RF

4&5 Rock LF fwd, recover weight to RF, Step LF a big step back

6 Touch RF back

7 Make ¼ Turn R as you put weight to RF (face 9.00)

8&1 Cross rock LF over RF, recover weight to RF, step LF to L side

[18-25] Figure 8 hips L and R, Side triple, Cuban breaks

2,3 Roll R hop to R side, Roll L hip to L side

4&5 Step RF to R side, Close LF to RF, Step RF to R side

6&7 Cross rock LF over RF, recover weight to R, Step LF to L side

8&1 Cross rock RF over LF, recover weight to L, Step RF to R side (face 9.00)

[26-32] Fwd Rock Recover, Triple back, Back Rock Recover, ¼ Turn and Touch

2,3 Rock LF fwd, recover weight to RF

4&5 Step LF back, close RF to LF, Step LF back

6,7 Rock RF back, recover weight to LF

8 Making ¼ turn to L, touch RF beside LF (face 6.00)

Tag (occurs after Wall 9):

1,2 Bump hips R, Bump hips L

Begin again

Contact: nicola.h.laffety@gmail.com

Last Update 5th March 2014