

Sweep

拍數: 32 牆數: 2 級數: Beginner
編舞者: Britt Christoffersen (DK) - February 2014
音樂: Sweep - Bibbi & Snif : (DK)



Intro: 2x8

Chasse back rock, Chasse back rock

1&234 Step right to right side, step left beside right, step right to side, rock left back, recover
5&678 Step left to left side, step right beside left, step left to side, rock right back, recover

3 walks forward, Point, 3 walks back, Point

1234 Walk R,L,R, Point left to side
5678 Walk back L,R,L, Point right to side

Restart here on walls 3-6-9

Cross point x 2, ¼ turn x 2

1234 Cross right over left, Point left to side, Cross left over right, Point right to side
5678 Step Right forward, Turn ¼ left, Step right forward, Turn ¼ left

Rock step, Shuffle ½ turn x 2

123&4 Rock forward on right. Recover. Right shuffle step turning into a 1/2 turn right (right, left, right).
567&8 Rock forward on left. Recover. Left shuffle step turning into a 1/2 turn left (left, right, left).

All 3 Restarts are on 12:00

Dedicated to one of my best friends Lena B. Pedersen
Keep it country, have fun and enjoy it

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