

Nothing Hurts Like A Heartache

COPPER **KNOB**
BY SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Marie Sørensen (TUR) - February 2013
音樂: Nothing Hurts Like a Heartache - Derek Ryan : (Single - iTunes)



Intro: 36 Count

TOE STRUT, RIGHT, LEFT, ROCK, RECOVER, STEP BACK, HOLD

1-2 Tap right toe fwd, drop right heel
3-4 Tap left fwd. drop left heel
5-6 Rock fwd. right, recover
7-8 Step back on right, hold (12:00)

TOE STRUT BACK LEFT, RIGHT, BACK ROCK, RECOVER, 1/4 TURN LEFT, HOLD

1-2 Tap left toe back, drop left heel
3-4 Tap right heel back, drop right heel
5-6 Back rock left, recover
7-8 1/4 turn right, step left to left side, hold (03:00)

BEHIND SIDE, CROSS, HOLD, POINT, TOUCH, POINT, HOLD

1-2 Cross right behind left, step left to left side
3-4 Cross right over left, hold
5-6 Point left to left side, touch left beside right
7-8 Point left to left side, hold (03:00)

BEHIND, SIDE, CROSS, HOLD, BEHIND, SIDE, CROSS, HOLD

1-2 Cross left behind right, step right to right side
3-4 Cross left over right, hold
5-6 Cross right behind left, step left to left side
7-8 Cross right over left, hold (03:00)

Restart the dance at this point, during wall 5 - Instead of cross right over left on count 7, do a touch with right beside left, hold on count 8

CHASSE 1/4 TURN LEFT, SCUFF, STEP ½ TURN STEP, HOLD

1-2 Step left to left side, step right next to left
3-4 1/4 turn left, step fwd. left, scuff right (12:00)
5-6 Step fwd. right, ½ turn left (Weight on left)
7-8 Step fwd. right, hold (06:00)

STOMP, SWIVEL, HOLD, STOMP SWIVEL, HOLD

1-2 Stomp fwd. left, swivel both heels to the left side
3-4 Swivel both heels back to center, hold, (Weight on left)
5-6 Stomp fwd. right, swivel both heels to the right side
7-8 Swivel both heels back to center, hold (Weight on right) (06:00)

SCISSOR STEP, HOLD, ROCK, 1/4 TURN RECOVER, STEP FORWARD, HOLD

1-2 Rock left to left side, step right next to left
3-4 Cross left over right, hold
5-6 Rock right to right side, 1/4 turn left, step fwd. left
7-8 Step fwd. right, hold (03:00)

STOMP FWD. LEFT, HOLD & CLAP, STOMP FWD. RIGHT, HOLD & CLAP. ROCK, MAMBO, HOLD

1-2 Stomp fwd. left, hold & clap

3-4 Stomp fwd. right, hold & clap
5-6 Rock fwd. left, recover
7-8 Step left next to right, hold (03:00)

TAG:-

After wall 2 - 4 counts tag - Facing 06:00

After wall 4 - 4 counts tag - Facing 12:00

Stomp fwd. right, hold & clap

Stomp fwd. left, hold & clap

Both Tags are the same

TAG/RESTART:

During wall 5 - After 32 counts - Facing 03:00

Instead of cross right over left on count 7, in section 4, do a touch with right beside left, hold on count 8 - Start again from the beginning !

Have Fun!

Contact - Email: sunshinecowgirl1960@gmail.com
