

Shotgun

拍數: 40 牆數: 4 級數: Easy Intermediate
編舞者: Pat Stott (UK) & Roz Chaplin (UK) - February 2014
音樂: Shotgun - Sheryl Crow



Commence after 32 counts (18 seconds)

Scuff, hitch, back, heel & toe, step, scuff, hitch, back, touch, swivel heel - right, left

1&2 Scuff right heel, hitch, step back on right
3&4 Touch Left heel forward, step onto left, tap right toes behind left foot
&5&6 Step back onto right foot, scuff left heel, hitch, step back on left
7&8 Touch right toes forward, twist right heel -right, left

Cross, heel jack, close, cross, side, sweep and sailor step 1/4 turn left, ball, step, ball, step

1&2 Cross right over left, step left to left and slightly back extending right heel Forward to right diagonal
&3-4 Close right to left, cross left over right, step right to right
&5&6 Sweep left foot round, turn 1/4 left step left behind right, right to right, step forward on left (9)
&7 Step right foot behind left on ball of foot, step forward on left
&8 Step right foot behind left on ball of foot, step forward on left

Forward Rock, 1/2 shuffle turn, Walk, Walk, Mambo forward

1-2 Rock forward on right, recover onto left
3&4 1/2 shuffle turn right stepping – right, left, right
5-6 Walk forward left, walk forward right
7&8 Rock forward on left, recover onto right, step back on left

(Harder option replace 1/2 shuffle (3&4) with : 1 1/2 shuffle turn right)

Lock step back, coaster Step. Step hitch and snap fingers, cross, side rock

1&2 Step back on right, cross left over right, step back on right
3&4 Step back on left, close right beside left, step forward on left
5-6 Step forward on right, hitch left knee & snap fingers
7&8 Cross left over right, rock right to right, recover on left

(Optional styling : on step 6 - raise up onto ball of right foot as you hitch left)

Heel Grind 1/4 right, coaster step, Step, heel grind 1/4 left, coaster step

1-2 Touch right heel forward grinding 1/4 right, step weight onto left
3&4 Step back on right, close left to right, step forward on right
5-6 Touch left heel forward grinding 1/4 left, step weight onto right
7&8 Step back on left, close right to left, step forward on left

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Repeat last section (heel grind 1/4 turn x2) steps 1-8

Many thanks to Nikki Napier (Calico) for suggesting this great track!

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