

No Limits!

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Easy Intermediate
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音樂: Everything Is Allowed - Timomatic : (Single - iTunes)



[1-8] FWD, ROCK, COASTER STEP, HEEL, TOG, HEEL, TOG, CROSS, SIDE

123&4 Step L fwd, rock weight back onto R, step L back, step R tog (&), step L fwd
5&6&78 Touch R heel fwd, step R tog (&), touch L heel fwd, step L tog (&), cross R over L, step L to L

[9-16] SAILOR STEP, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SIDE, ROCK

1&234 Step R behind L, step L to L (&), step R slightly to R side, step L behind R, sweep R around
(front to back)
5&678 Step R behind L, step L to L (&), step cross R over L, step L to L, rock weight onto R

[17-24] CROSS SHUFFLE, ¼, ½, FWD, ROCK, 1½ TURN

1&234 Cross shuffle L over R, making ¼ turn L step R back, making ½ turn L step L fwd
567&8 Step R fwd, rock weight back onto L, making 1 ½ turn R step RLR (or ½ turn shuffle R)

[25-32] FWD, ROCK, TOG, BACK, BACK, COASTER STEP, HEEL BALL STEP

12&34 Step L fwd, rock weight back onto R, step L tog (&), step R back, step L back
5&67&8 Step R back, step L tog (&), step R fwd, touch L heel fwd, step L tog (&), step R fwd

[32 Beats] Repeat dance in new direction

Restarts: On walls 5 and 10 (both facing front) – dance up to beat 16 and Restart dance again from beginning.

Enjoy

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