

You Had My Heart In Your Hand

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate / Advanced
編舞者: Ines Möricke (DE) - February 2014
音樂: Rolling in the Deep - Adele



Beginning: Count to 40 with the first beat of percussion (drum beat)

Cross, Point, Cross, Point, Step, Touch, Shuffle Back ½ Turn L

- 1-2 Cross right over left, left to side touch
- 3-4 Cross left over right, right to side touch
- 5-6 Step forward on right and touch left behind right
- 7&8 Turn ¼ left step left to side, right beside left, turn ¼ left and step forward on left

Point, Hold, Point, Hold, Touch & Touch, Rock Forward

- 1-2 Right to side touch, Hold
- &3-4 Right next to left, left to side touch, hold
- &5&6& Left beside right, touch right toe forward, step right together, touch left toe forward, step left beside right
- 7-8 Rock right forward, recover to left

Chasse with ¼ Turn R, Cross Rock, ¼ Turn L, ½ Turn L, ¼ Turn L, Touch

- 1&2 ¼ turn right and step right to right; left beside right, step right to right
- 3-4 Cross left over right – recover right
- 5-8 ¼ turn left and step forward on left, ½ turn left and stepping back on right, ¼ turn left and step left to left, touch right beside left

Kick Ball Step, Rock Forward, Chasse with ¼ Turn R, 2 Steps Forward L-R

- 1&2 Kick right forward, right ball of together, step forward on left
- 3-4 Rock right forward – recover to left
- 5&6 ¼ turn right and step right to ride, left beside right, step right forward
- 7-8 2 steps forward, left, right

**Tag / Restart: in the second Round - 6 Clock -in the sequence 4 -
Count 8 to replace with a touch and start the dance from the front**

Mambo Step, Long Step Back, Slide Back, Step, Touch, Kick Ball Cross

- 1&2 Step forward on left - recover to right, step left beside right
- 3-4 Long step back with right, use left next to the right
- 5-6 Step left to left, touch right beside left
- 7&8 Kick right forward, right ball of right together, cross left over right

Step, Touch, Shuffle ¼ Turn L, Step Forward, ½ Turn L, Shuffle Back ½ Turn L

- 1-2 Step right to right, touch left next to right
- 3&4 ¼ turn left and step left forward on left, right next to left, step forward on left, Step forward on right, ½ turn left on ball
- 7&8 ¼ turn left and step right to right, left next to right, ¼ turn left and step back on right

Back Rock, Side Rock, Behind -Side -Cross, Side Rock with ¼ Turn L

- 1-2 Rock left back – Recover to right
- 3-4 Step left so left – Recover to right
- 5&6 Cross left behind right, step right to right, cross left over right
- 7-8 Step right to right, ¼ turn left and weight on left

Touch, Step Forward, Touch, Step Forward, Kick R, Slide Back Step R, Touch L, Kick L, Slide Back Step L,

Touch R

- 1-2 Touch right forward, step forward to right
3-4 Touch left forward, step forward to left
5&6 Kick right forward, right ball slide back the floor and right beside left, Touch left beside right
7&8 Kick left forward, left ball slide back the floor and left beside right, Touch right beside left

Dance starts all over again

Ending: Cross, ½ Turn L

- 1-2 Cross right over left - ½ turn left on balls

Black Rebels - www.linedance-party.de
