

Moving

拍數: 32 牆數: 2 級數: Beginner / Contra
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音樂: Zhuang Le You Zhuang by Jin Zhongxu & Jiang Minjing (Edit 3:14min)



Intro: 32 count (14 Sec)

[1-8] Back, Recover, Side Shuffle, 1/4 Turn R Side Shuffle, Back, Recover

12 Step right back, recover on left
3&4 Step right to right side, step left together, step right to right side
5&6 1/4 Turn R stepping left to left side, step right together, step left to left side
78 Step right back, recover on left

Contra: Start facing to your partner, 5&6 you do side shuffle back to back, 7 turn your head to right look each other

[9-16] Fwd, Pivot 1/2 L, 1/4 Turn L Side Shuffle, Back, Recover, Fwd, Fwd

12 Step right forward, pivot 1/2 left
3&4 1/4 Turn L stepping right to right side, step left together, step right to right side
56 Step left back, recover on right
78 Step left forward, step right forward

Contra: 3&4 you do side shuffle face to face, 7-8 you do forward on the right side of your partner

[17-24] Side Shuffle. Back, Recover, Side Shuffle, 1/4 Turn L Sailor Step

1&2 Step left to left side, step right together, step left to left side
34 Step right back, Recover on left
5&6 Step right to right side, step left together, step right to right side
7&8 Cross left behind right, 1/4 turn L stepping right back, step left forward

Contra: 1-6 back to back, 3 turn your head to right look each, 7&8 side by side facing side walls

[26-32] Fwd Shuffle, 1/4 Turn R Back Shuffle, Sway R, L, R, L

1&2 Step right forward, lock left behind right, step right forward
3&4 1/4 Turn R stepping left back, lock right over left, step left back
5678 Sway right, left, right, left

Contra: 3&4 you do back shuffle in the left side of your partner, 5-8 face to face

Have Fun!

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