

Day Drinkin'

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Gail Smith (USA) - February 2014
音樂: Day Drinkin' - Parmalee : (Album: Parmalee)



INTRO: 16 Counts to slower beat. You'll be dancing to the quicker beat.

R SIDE SHUFFLE, SAILOR 1/4 TURN, R LOCK STEP, STEP-1/4 TURN-CROSS

1 & 2 Step R to side, step L together, step R to side
3 & 4 Turn 1/4 L as you bring L around and step behind R, R step to side, L step to side
5 & 6 Step R fwd, lock L behind R, step R fwd
7 & 8 Step L fwd, turn 1/4 R, step L across R

R SIDE SHUFFLE, QUICK PIVOT 1/2 TURN & SIDE SHUFFLE, CROSS-ROCK-SIDE, CROSSING SHUFFLE

1 & 2 Step R to side, step L together, step R to side
& 3 & 4 On ball of R foot turn 1/2 L & Step L to side, step R together, step L to side
5 & 6 Rock R across L, recover onto L, step R to side
7 & 8 Step L across R, step R to side, step L across R

TURNING HIP BUMPS (or TURNING TOE STRUTS), SIDE-ROCK-CROSS

1 & 2 Step R toes to side and bumps hips R, L, R (weight to R)
& 3 & 4 Turn 1/4 L and bump hips L, R, L (weight to L)
& 5 & 6 Turn 1/4 L and bump hips R, L, R (weight to R)
& 7 & 8 Turn 1/4 L and rock L out to side, recover onto R, step L across R

SIDE-ROCK, BACK-ROCK , (X2), SIDE TOUCHES, HEEL JACK

&1 & 2 Rock R out to side, recover to L, rock R behind L, recover to L
&3 & 4 REPEAT steps & 1 & 2

Beginner Option for the side-rock, back-rocks:

TOE TOUCHES - R side, behind, R side, behind - 1,2,3,4

&5 & 6 Step R to side, touch L next to R, step L to side, touch R next to L
&7 & 8 Step R back & tap L heel fwd, step L down in place, touch R toe next to L

Beginner Option for the heel jack:

Slower side touches and leave out the heel and toe (R side, touch, L side, touch) 5,6,7,8

REPEAT - NO Tags Or Restarts

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