

Forget You

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Janet (Zhen Zhen) Ge (CN) - February 2014
音樂: Can't Remember To Forget You by Shakira & Rihanna



Special thanks to Rose-Zhang recommending the music

Intro: 16 counts

[1-8] Cross, Hitch, Cross, Hitch, Touch, Kick, Back, Back,

12 Cross right over left, hitch left cross right (turning body slightly towards diagonal L(1), R(2))
34 Cross left over right, hitch right cross left (turning body slightly towards diagonal R(3), L(4))
56 Touch right toe forward diagonal L, kick right diagonal R (turning body towards centre(6))
78 Step right back, step left back

[2-8] Touch, 1/4 Turn R, 1/4 Turn L, 1/2 Turn L Back, Back, Recover, L Fwd Shuffle

12 Touch right toe back, 1/4 turn R taking weight on right
34 1/4 turn L taking weight on left, 1/2 turn L stepping right back
56 Step left back, recover on right
7&8 Step left forward, step right together, step left forward (6:00)

[3-8] Repeat 1-8

[4-8] Repeat 2-8

[5-8] Side, Side, Back, Cross, Side, Side, Back, Cross, 1/4 Turn L Back, Together

12&3 Step right to right side, step left to left side, step right back, cross left over right
45&6 Step right to right side, step left to left side, step right back, cross left over right
78 1/4 Turn L stepping right back, step left together (9:00)

[6-8] Cross, Kick, Cross, Back, Side, Sweep/Kick, Cross, Back

1234 Cross right over left, kick left to diagonal left, cross left over right, step right back
5678 Step left to left side, kick right to diagonal right. Cross right over left, step left back

[7-8] Back, Recover, 1/2 Turn L Back Shuffle, Back, Recover, Rock, Recover, Cross

123&4 Step right back, recover on left, 1/2 turn L stepping right back, lock left over right, step right back
567&8 Step left back, recover on right, rock left to left side, recover on right, cross left over right (3:00)

[8-8] Side, Hold, Together, 1/4 Turn R Fwd, Together, Rocking Chair Step

12&34 Step right to right side, hold, step left together, 1/4 turn R stepping right forward, step left together
5678 Step right forward, recover on left, step right back, recover on left (6:00)

Restart: After 32 counts on wall 3 (face to 12:00)

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