

Oops Upside Your Head

COPPER KNOB
STEPPERS

拍數: 0 牆數: 1 級數: Phrased Easy Intermediate
編舞者: Jo Kinser (UK), John Kinser (UK), Ruben Luna (USA) & Sobrielo Philip Gene (SG) - February 2014
音樂: Oops Upside Your Head (feat. The Gap Band) - DJ Casper : (Single - iTunes)



Sequence: A, Tag1, B, A, Tag2, B-, Tag1, B, A, C, Tag1, B, Ending
Start the dance 32 counts in (0.16)

Part A Oops Upside Your Head

[1-8] Step Out Out, Rock Head, Walk Fwd, Step 1/4 Turn

- 1-2 Step Rt to Rt bringing Rt hand to Rt side of head, Step Lt to Lt bringing Lt hand to Lt side of head
3&4 Sway head Rt, Sway head Lt, Center dropping hands
5-6 Step fwd Rt, Lt
7-8 Step fwd Rt, Pivot 1/4 turn Lt (weight Lt) (9:00). Repeat 1-8 x3 returning to (12:00)

Tag 1: Instrumental Section: 8 Counts to Switch places with your friends on the floor, you should be in a different spot when complete

Part B Tap Two Times to the Lt, Tap Two Times to the Rt

[1-8] Stomp Lt x2, Stomp Rt x2

- 1-8 Stomp Lt to Lt side 1), Hold 2), Rpt 3-4), 5-8 Stomp Rt to Rt side 5), Hold 6), Rpt 7-8)

[9-16] Now Wave from Side to Side: Wave Arms In Air, Lt, Rt x4

- 1-8 Wave Arms in the air Lt 1), Rt 2), Rpt 3-8)

[17-24] Move Forwards, Move Back: Rocking Chair x2

- 1-4 Rock Rt fwd 1), Recover weight Lt 2), Rock Rt back 3), Recover weight Lt 4)
5-8 Rpt Above

[25-32] Aww Yeah! C'mon! C'mon: Jazz Box x2

- 1-4 Cross Rt over L 1), Step Lt back 2), Step Rt to Rt 3), Step Lt next to Rt 4)
5-8 Rpt Above

[33-40] Row that thing, row that thing, make sure you don't feel no pain: Step 1/4 Turn Hip Roll x4

- 1-2 Step fwd Rt, Pivot 1/4 turn Lt rolling your hips from back to front (weight Lt) (9:00)
3-8 Rpt Above finishing at (12:00)

[41-48] C'mon! Aww Yeah, C'mon: Fwd Touch, Back Touch with Arm Rolls x4

- 1-2 Step fwd Rt, Touch Lt toe behind Rt (making a fists chest high Roll Lt over Rt as you Step Touch)
3-4 Step back Lt, Touch Rt toe in front of Lt (roll Lt back over Rt as you Step Touch)
5-8 Rpt Above

[49-64] Rpt 33-48: Hips Rolls 1/4 Turns, and Step Touches Arm Rolls

Part A Oops Upside Your Head

Tag 2: All the Ladies put ya hands Up(4 counts), All the fellas put ya hands Up (4 counts) total of 8 counts

Part B- Tap Two Times to the Lt, Tap Two Times to the Rt... (1-24: Stomps Lt/Rt, Wave Arms, Rocking Chair).

Tag 1: Instrumental Section: 8 Counts to Switch places with your friends on the floor, you should be in a

different spot when complete

Part B Tap Two Times to the Lt, Tap Two Times to the Rt... (1-64)

Part A Oops Upside Your Head

Part C Everybody Claps your Hands, I can't hear you, Do it y'all: Clapping Section

Tag 1: Instrumental Section: 8 Counts to Switch places with your friends on the floor, you should be in a different spot when complete

Part B Tap Two Times to the L, Tap Two Times to the Rt... (1-64)

Ending: Send special shouts out to my main man

Part C Everybody Claps your Hands, I can't hear you, Do it y'all

[1-16] Clap Hands x8 Lt, x8 Rt: Clap hands up to your Lt side 1-8), Rpt Rt 9-16)

[17-24] Clap Hands x8 making a Semi-Circle: While clapping hands x8 make 1/2 circle down c/w

[25-32] Clap Hands 8 Times With 1/2 Circle: While clapping hands x8 make 1/2 circle up c/w end arms up to Rt side

Tag 1: Instrumental Section: Switch Places

1-8 Switch places with your friends on the floor, you should be in a different spot when complete.

Tag 2: All the Ladies put ya hands Up, All the fellas put ya hands Up: Clapping Section

1-8 Ladies raise your hands in the air and Clap Hands 1-4). Men raise your hands in the air and Clap Hands 5-8).

Ending: Send special shouts out to my main man

[1-8] Modified Electric Slide: Vine Rt 1-3), Touch 4), Vine Lt 5-7), Touch 8)

[9-17] Walk Back RLR 9-11), Lt Touch 12), Lt Fwd 13), Rt Touch 14), Rt Back 15), Lt Touch 16), Step Lt fwd with Hands Up/Fwd Peace Sign 17).

3ConCrew: 01/2014

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