

Ohh Trippin'

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Samantha Ursula - February 2014
音樂: Trippin' On Us - Lindsay Ell



[1-8] RIGHT MAMBO CROSS (SCISSORS), 1/4 TURNING CHUGS, SYNCOPATED ROCKING CHAIR, SHUFFLE LEFT

- 1&2 Rock out to right side onto Right Foot, replace weight onto Left Foot, cross Right Foot forward over Left Foot
- 3& On ball of Right Foot turn slightly(1/8th turn) right as you touch Left toe out to side, small hitch with Left knee
- 4& Repeat completing 1/4 turn
- 5& Rock forward on the Left Foot. Recover onto the Right Foot
- 6& Rock back on the Left Foot. Recover onto the Right Foot
- 7&8 Step Left Foot forward bring Right together Step Left Foot forward

[9-16] JAZZ BOX, TURN ¼ RIGHT, RIGHT STEP LOCK STEP, LEFT STEP LOCK STEP

- 9-12 Cross Right over Left, step Left back, turn ¼ right and step Right to side, step Left together
- 13&14 Step Right Foot forward, bring Left behind Right, step Right Foot forward
- 15&16 Step Left Foot forward, bring Right behind Left, step Left Foot forward

****RESTART WALL 3 FACING 6:00****

[17-24] RIGHT SIDE ROCK RECOVER BEHIND-SIDE-CROSS, LEFT SIDE ROCK RECOVER BEHIND-SIDE-CROSS

- 17-20 Rock out to right side onto Right Foot, recover onto Left Foot ,step Right behind Left ,step Left Foot out to left side, cross Right Foot over Left
- 21-24 Rock out to left side onto Left Foot, recover onto Right Foot, step Left behind Right, step Right Foot out to right side, cross Left Foot over Right

[25-32] OUT-OUT, IN-IN, TOE HEEL STOMP, TOE HEEL STOMP

- 25-26 Step Right Foot forward slightly to right, Step Left Foot forward slightly to left
- 27-28 Step Right Foot back to center, Step Left Foot back next to Right Foot
- 29&30 Touch Right toe beside Left Foot with knee pointing toward left , Touch Right heel forward with toe pointing outward, Stomp Right Foot
- 31&32 Touch Left toe beside Right Foot with knee pointing toward right, Touch Left heel forward with toe pointing outward, Stomp Left Foot

REPEAT

Please send any questions or comments to: sassysammski17@aol.com

Last Update - 21st Feb 2014