

# Ball Cap

拍數: 32      牆數: 1      級數: Improver  
編舞者: Jessica Short (USA) & Kerry Kick (USA) - February 2014  
音樂: Ball Cap - Glen Templeton



Start after 20 counts, on "It's"

## SIDE, TOGETHER, ¼ TURN TRIPLE, FORWARD TURN, TRIPLE

1, 2      Step R to right side, Step L together  
3 & 4      ¼ turn to right (3:00) Step R forward, Step L together, Step R forward  
5, 6      Step L forward, ½ turn to R weight on right (9:00)  
7 & 8      Step L forward, Step R together, Step L forward

## HEEL, AND HEEL, AND HEEL, CLAP, MONTEREY ½ TURN, OUT, OUT, IN, IN

1 &      Touch R heel forward, Step R together  
2 &      Touch L heel forward, Step L together  
3, 4      Touch R heel forward, clap  
5, 6      Touch R to right side, ½ turn to right and Step in place on right foot (3:00)  
& 7      Step L "out" to left side, Step R "out" to right side  
& 8      Step L "in" to place, Step R "in" to place

## TOUCH SIDE AND FRONT, TOUCH FRONT AND SIDE, ¼ TURN, HIP ROLL

1 &      Touch L to left side, Step L together  
2 &      Touch R heel forward, Step R together  
3 &      Touch L heel forward, Step L together  
4 &      Touch R to right side, Step R together  
5, 6      Step L forward, ¼ turn to right and weight on right (6:00)  
7, 8      Hip roll left, end weight on right

## SAILOR STEP, SAILOR STEP, CROSS BEHIND, ½ TURN, HIPS

1 & 2      Step L behind right, Step R to right side, Step L in place  
3 & 4      Step R behind left, Step L to left side, Step R in place  
5, 6      Cross L behind R, ½ turn left to unwind (12:00) weight on left  
7, 8      Hip sway right (weight on right), Hip sway left (weight on left)

## REPEAT

Note: This dance can be done in opposing lines as an option!

Contact the choreographers at [www.kerrykick.com](http://www.kerrykick.com)