

We Are Stars

拍數: 96 牆數: 1 級數: Phrased Beginner
編舞者: Christina Chui (CAN) - February 2012
音樂: We Are Stars (feat. Alyssa Reid) - Virginia To Vegas



Dance begins with Alyssa's singing after 32 counts

Sequence: (A, B, C, AA, B, C, AA, B, C)

Part A (32 counts)

Section A1: Walk forward (3 times), and touch, walk backward (3 times) & touch

1234 Walk right forward, walk left forward, walk right forward, touch left to side
5678 Walk back left, right, left, touch right to side

Section A2: Cross Point (2 times) and Back point (2 times)

1234 Cross right over left, touch left to side, Cross left over right, touch right to side
5678 Step right foot back and point left foot to left side, Step left foot back and point right foot to right side

Section A3: V step (2 times)

12 Roll right foot out to right side and roll left foot to left side
34 Step right foot back to centre and step left foot close to right foot
5678 Repeat

Section A4: Side touch (4 times)

1234 Step right foot to right, touch left foot next to right, step left foot to left and touch right foot next to left
5678 Repeat

Part B (Chorus: we are stars -32 counts)

Section B1: Knees bounce with fists up and down

1234 Bounce both knees, right arm up and down while holding fist
5678 Bounce both knees, left arm up and down while holding fist

Section B2: Arms roll (4 times)

1-8 both fists up and roll both arms up

Section B3: same as Section B1

Section B4: Arms roll with paddle turn (4 times)

1-8 Cross both fists up and roll both arms up and at the same time doing a hip roll with a quarter turn

Part C (Chorus: oh, oh oh - 32 counts)

Sections C1 & C2

1-4 both hands doing the fox dance moves to the right
5-8 both hands doing the fox dance moves to the left

Sections C3 & C4

1-8 Roll hands to the right from centre down & up
1-8 Roll hands to the left from centre down & up.....

When music finishes.....open both arms out !

Contact: learnlinedance@yahoo.ca

