

She's Not Hurting Me

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Beginner / Easy Intermediate
編舞者: Denise Smith (AUS) - February 2014
音樂: She's Not Hurting Me Tonight - Red Jenkins



STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

1-4 Step R forward, Lock L behind R, Step R forward, Scuff L forward
5-8 Step L forward, Lock R behind L, Step L forward, Scuff R forward

ROCK FORWARD, RECOVER, SHUFFLE 1/4 RIGHT, JAZZ BOX, TOUCH

1,2 Rock R forward, Recover onto L
3&4 Turn ¼ right step R to right, Step L beside R, Step R to right
5-8 Cross L over R, Step R back R, Step L to left, Touch R beside L

RESTART: Wall 3

MONTEREY 1/4 RIGHT, MONTEREY 1/4 RIGHT

1-4 Touch R to right, Turn ¼ right step R beside L, Touch L to left, Step L beside R
5-8 Touch R to right, Turn ¼ right step R beside L, Touch L to left, Step L beside R

HEEL, HOOK, HEEL, FLICK, STEP, LOCK, STEP, HOLD

1-4 Touch R heel forward, Hook R in front of L knee, Touch R heel forward, Flick to side
5-8 Step R forward, Lock L behind R, Step R forward, Hold

STEP, PIVOT 1/4 RIGHT, CROSS, HOLD, SIDE, BEHIND, SIDE, CROSS

1-4 Step L forward, Pivot ¼ right, Cross L over R, Hold
5-8 Step R to right, Step L behind R, Step R to right, Cross L over R

ROCK RIGHT, RECOVER, CROSS, HOLD, ROCK LEFT, RECOVER, ACROSS, HOLD

1-4 Rock R to right, Recover onto L, Cross R over L, Hold
5-8 Rock L to left, Recover onto R, Cross L over R, Hold

STEP, PIVOT 1/2 LEFT, STEP, HOLD, STEP, PIVOT 1/4 RIGHT, STEP, HOLD

1-4 Step R forward, Pivot ½ left, Step R forward, Hold
5-8 Step L forward, Pivot ¼ right, Step L Forward, Hold

MAMBO FORWARD, HOLD, MAMBO BACK, HOLD

1-4 Rock R forward, Recover onto L, Step R back, Hold
5-8 Rock L back, Recover onto R, Step L forward, Hold

[64] REPEAT

RESTART: During Wall 3, dance to count 16 then Restart.

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