

Step That Step

拍數: 34 牆數: 2 級數: Beginner
編舞者: Yvonne Anderson (SCO) - January 2014
音樂: Step That Step - Sawyer Brown : (CD: The Best of Sawyer Brown)



Start on vocals

S1: Jazz Box With Toe Struts, Forward Shuffle, Walk x 2

- 1 & Step right toe across left. Drop right heel taking weight.
- 2 & Step left toe back. Drop left heel taking weight.
- 3 & Step right toe to right side. Drop right heel taking weight.
- 4 & Step left toe slightly forward. Drop left heel taking weight.
- 5 & 6 Step right forward. Close left beside right.
- 7 – 8 Walk forward left. Walk forward right.

S2: Hip Bumps, Side Touch Right & Left, Shuffle 1/4 Turn

- 1 – 2 Step left to side (feet apart) and bump hips left. Bump hips right (weight onto right).
- 3 & 4 With feet apart, bump hips - left, right, left (weight ends on left).

Tag Wall 5: Dance 2-count Tag at this point then start the dance again, facing 6:00.

- 5 & 6 & Step right to side. Touch left beside right. Step left to side. Touch right beside left.
- 7 & 8 Step right to side. Close left beside right. Turn 1/4 right stepping right forward. (3:00)

S3: Heel, Toe, Step, Pivot 1/4, Cross, Diagonal Lock Step x 2

- 1 – 2 Touch left heel forward. Touch left toe back.
- 3 & 4 Step left forward. Pivot 1/4 turn right. Cross left over right. (6:00)
- 5 & 6 Step right forward to right diagonal. Lock left behind right. Step right forward. (7:30)
- 7 & 8 Step left forward to left diagonal. Lock right behind left. Step left forward. (4:30)

S4: Heel Dig, Heel Dig, Behind Side Cross (x 2) Hip Bumps

- 1 – 2 Touch right heel forward to right diagonal twice. (7:30)
- 3 & 4 (Squaring up to wall) Cross right behind left. Step left to side. Cross right over left.
- 5 – 6 Touch left heel forward to left diagonal twice. (4:30)
- 7 & 8 (Squaring up to wall) Cross left behind right. Step right to side. Cross left over right.
- 9 – 10 Step right to side and bump hips right. Bump hips left (weight onto left).

Tag Wall 5, after count 12: Step, Pivot 1/2 Turn

- 1 – 2 Step right forward. Pivot 1/2 turn left.

Then start the dance again from the beginning (facing 6:00).