Mountain Dew



拍數: 48 編數: 2 級數: Upper Beginner / Easy Intermediate

編舞者: Kenny O'Shaugh (AUS) - February 2014 音樂: Mountain Dew - Waldorf String Band



Start: After vocal 'Hi - the '(be quick) with

INTRO: Dance count 33 to 48 (Section 5 & 6)

Section 1: Shuffle diagonally forward x 2, step back x 4

1 & 2	Step R diagonally forward, step L next to R, step forward R [Sway attitude to match]
3 & 4	Step L diagonally forward, step R next to L, step forward L [Sway attitude to match]

7, 8 Step back in straight line, R then L together & stomp (for timing) [Thumbing attitude to match]

Section 2: Vine right, vine left 1/4 turn, 1/4 paddle x 2

9 & 10	Vine right, R, L, R [Clap hands]
11 & 12	Vine left, L, R, L with 1/4 turn left 9 on clock [Clap hands]
13, 14	Step fwd R, turning 1/4 left taking weight to L [Jauntily]
15, 16	Step fwd R, turning 1/4 left taking weight to L 3 on clock [Jauntily]

Section 3: Step diagonally forward x 2, step back x 4

17 & 18	Step right diagonally forward, R, L, R [Sway attitude to match]
19 & 20	Step left diagonally forward, L, R, L [Sway attitude to match]
21, 22	Step back in straight line, R then L (saunter style) [Thumbing attitude to match]
23, 24	Step back in straight line, R then L together & stomp (for timing) [Thumbing attitude to match]

Section 4: Vine right, vine left 1/4 turn, 1/4 paddle x 2

25 & 26	Vine right, R, L, R
27 & 28	Vine left, L, R, L with 1/4 turn left 12 on clock
29, 30	Step fwd R, turning 1/4 left taking weight to L [Jauntily]
31 32	Step fwd R turning 1/4 left taking weight to L 6 on clock * [Jauntily]

Section 5: Side rock behind side cross to right then left

33, 34	Rock onto R then back onto L [Clap hands]
35 & 36	R behind L, L to side, R across L
37, 38	Rock onto L then back onto R [Clap hands]
39 & 40	L behind R, R to side, L across R

Section 6: 1/4 paddle x 2, 1/2 turn triple step, shuffle forward

41, 42	Step fwd R, turning 1/4 left taking weight to L [Jauntily]
43, 44	Step fwd R, turning 1/4 left taking weight to L 12 on clock [Jauntily]
45 & 46	Triple in place turning 1/2 right, stepping R, L, R 6 on clock
47 & 48	Step L forward, step R next to L, step L forward

REPEAT

RESTART: (After instrumental) On wall 4 after count 32

ENDING: You will be facing the back ~ replace counts 45 to 48 with 2 x forward shuffles

Remember this is Irish Jig music, so be on your toes!

And, of course, sing along to the chorus

