Sugar And Pie

拍數: 32

級數: Beginner

編舞者: Georgia Vroon-Sigalas - January 2014

音樂: Sugar and Pai - The Boots Band

Intro : 16 counts

Closure of the dance :

After the 13th time you end up dancing at 9:00. Then you dance from block 3 (from count 17)

[1 - 8] Vine Right, Hip Bumps L-R-L-R [12.00]

- 1 2 Step Rf To R Side, Step Lf Behind Rf
- 3 4 Step Rf To R Side , Step Lf Next To Rf
- 5 6 Hips L, Hips R
- 7 8 Hips L, Hips R

[9 - 16] Vine Left, Hip Bumps R-L-R-L [12.00]

- 1 2 Step Lf To L Side, Step Rf Behind Lf
- 3 4 Step Lf To L Side, Step Rf Next To Lf
- 5 6 Hips R , Hips L
- 7 8 Hips R , Hips L

[17 - 24] 4x Step Backwards, 2x Kick, Rock Step Backwards [12.00]

- 1 2 Step Rf Bkw, Step Lf Bkw
- 3 4 Step Rf Bkw, Step Lf Bkw
- 5 6 Kick With Rf Fwd, Kick With Rf Fwd
- 7 8 Step Rf Bkw, Recover To Lf

[25 - 32] Step-Lock-Step Right , Scuff , Step- Lock -Step Left , 1/4 Turn Left Hitch [09.00]

- 1 2 Step Rf Fwd, Step Lf Behind Rf
- 3 4 Step Rf Fwd, Wipe Rf From Back To Front On The Floor
- 5 6 Step Lf Fwd, Step Rf Behind Lf
- 7 8 Step Lf Fwd, Turn ¼ L And Lift R Knee

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牆數:4