

I Hate Myself For Loving You

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: BM Leong (MY) - February 2014
音樂: I Hate Myself for Loving You - Joan Jett & The Blackhearts



Start the dance on vocal after 48 counts.

OUT, OUT, IN, IN, HIP BUMPS

1-2 Step R out, step L out
3-4 Step R in, step L in
5&6 Bump hips RLR
7&8 Bump hips LRL

1/8 TURN LEFT X 4, SAMBA STEP X 2

1-2 1/8 turn left on L pointing R to right side, 1/8 turn left on L pointing R to right side
3-4 1/8 turn left on L pointing R to right side, 1/8 turn left on L pointing R to right side
5&6 Cross R over L, step L to left side, recover onto R
7&8 Cross L over R, step R to right side, recover onto L

FORWARD, 1/4 TURN LEFT, CROSS CHA CHA, SIDE-ROCK, CROSS CHA CHA

1-2 Step R forward, pivot 1/4 turn left
3&4 Cross cha cha on RLR
5-6 Rock L to left side, recover onto R
7&8 Cross cha cha on LRL

JUMP, TOUCH, SHIMMY, JUMP, TOUCH, SHIMMY

1-2 Jump R to right side, touch L together
3-4 Shimmy shoulders or body shake for 2 counts
5-6 Jump L to left side, touch R together
7-8 Shimmy shoulders or body shake for 2 counts

Tag at the end of walls 2 and 6

1-2 Step R to right side, touch L together
3-4 Step L to left side, touch R together
5-6 Step R forward, pivot 1/2 turn left
7-8 Step R forward, pivot 1/2 turn left

Restart during wall 9 after 24 counts.

Contact: www.sjlinedancer.blogspot.com

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