

# Goodbye Monday

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rob Fowler (ES) - February 2014  
音樂: Goodbye Monday - Maggie Rose : (iTunes)



Count in: 32 (approx. 19 secs) – bpm: 104

## Stomp, clap, stomp, clap, stomp, clap, clap, repeat from opposite foot

1&2&      Stomp right to right side, Clap hands to right, Stomp left to left side, Clap hands to left  
3&4      Stomp right to right side, Clap hands to right twice  
5&6&      Stomp left to left side, Clap hands to left, Stomp right to right side, Clap hands to right  
7&8      Stomp left to left side, Clap hands to left twice

## Mambo forward right, mambo back left, right shuffle forward, rock step quarter turn

1&2      Rock fwd right, Recover on left, Step right next to left  
3&4      Rock back left, Recover on right, Step left next to right  
5&6      Step fwd right, Step left next to right, Step fwd right  
7&8&      Rock fwd left, Recover on right, Make ¼ turn left stepping left to side, Touch right next to left

## Side, touch, side, touch, chasse right, side, touch, side, touch, chasse left

1&2&      Step right to right side, Touch left next to right, Step left to left side, Touch right next to left  
3&4      Step right to right side, Step left next to right, Step right to right side  
5&6&      Step left to left side, Touch right next to left, Step right to right side, Touch left next to right  
7&8      Step left to left side, Step right next to left, Step left to left side

## Right shuffle forward, step left, half turn, step forward, toe heel stomp x2

1&2      Step fwd right, Step left next to right, Step fwd right  
3&4      Step fwd left, Half turn right, Step fwd left (3 o'clock)

## RESTART HERE DURING WALL 2

5&6      Touch right toe to left instep, Touch right heel to left instep, Step/Stomp right next to left  
7&8      Touch left toe to right instep, Touch left heel to right instep, Step/Stomp left next to right

End of dance

---