Move On

拍數: 32

級數: Intermediate

編舞者: Salfoo (MY) - February 2014

音樂: Mai Ruk Mai Taung by New & Jiew

Start: 32 counts from start of track (approx. 16 sec.)

[1-09] BACK, COASTER STEP, SIDE ROCK CROSS, 1/4 L BACK, 1/2 L FORWARD, FORWARD, PIVOT 1/2 R. SIDE

- 1 2&3 Step LF Back, Step RF Backward, Step LF Together, Step RF Forward
- 4&5 Rock LF To Left, Recover Onto RF, Cross LF Over RF
- Turn 1/4 Turn L Step RF Back, Turn 1/2 Turn L Step LF Forward, Step RF Forward 6&7
- Step LF Forward, Turn 1/2 Turn R, Step LF To Left 8&1

[09-17] BACK, RECOVER, SIDE, WEAVE 1/4 R FORWARD, BACK, 1/4 L, 1/4 L SIDE, BACK, RECOVER, 1/4 L BACK 🗆 🗆

- 2&3 Step RF Behind LF, Recover Onto LF, Step RF To Right
- 4&5 Step LF Behind RF, Turn 1/4 Turn R Step RF To Right, Step LF Forward
- Step RF Backward, Turn 1/4 Turn L Step LF Forward, Turn 1/4 L Step RF To Right 6&7
- Step LF Behind RF, Recover Onto RF, Turn 1/4 Turn R Step LF Backward 8&1

[18-25] BACK, RECOVER, 1/4 R, 1/2 L SWAY L, SWAY R, SWAY L, SIDE-DRAG, 1/4 R STEP DOWN, TOUCH, TOGETHER, SIDE

- Step RF Backward, Recover Onto LF, Turn 1/4 Turn R Step RF To Right 2&3
- Turn 1/2 Turn L Sway To Left, Sway To Right, Sway Back Onto Left 4&5
- 6-7 Drag Right Toe Close To LF, Turn 1/4 Turn R Change Weight To RF
- Touch Left Toe To Left, Touch Left Toe Together, Step LF To Left 8&1

[26-32] CROSS, RECOVER, SIDE, COASTER STEP, FORWARD, RECOVER, FORWARD, 1/2 L,

- 2&3 Cross RF Over LF, Recover Onto LF, Step RF To Right
- 4&5 Step LF Backward, Step RF Together, Step LF Forward
- Step RF Forward, Recover Onto LF 6-7
- Step RF Forward, Turn 1/2 Turn L Step RF Down 8&

START AGAIN...HAVE FUN!

Restart:

(1) Wall 3, after count 24& (9.00)

(2) Wall 7, on count 18 + (bring LF together) HOLD (9.00)

Ending: Wall 8...turn front & strike a pose. Contact: salfoo@yahoo.com

Last Update - 26th June 2014





牆數: 4