

Funky Strut

COPPER KNOB
BY SHEETS

拍數: 72 牆數: 2 級數: Improver
編舞者: Rob Fowler (ES) - December 2013
音樂: Strut Your Funky Stuff - Frantique



Count in 16 (At the very start of the song, Frantique sings "Get up, stand up, strut your funky stuff, sure enough").

Start after the 2nd repetition; approx. 8 secs) – bpm: 120

SEC 1: RIGHT JAZZ BOX, RIGHT SIDE STRUT, LEFT SIDE STRUT

1-4 Cross right over left, step back left, step right to side, step left next to right
5-8 Touch right toes to right side, step down on right, touch left toes to left side, step down on left

SEC 2: 2 x ½ TURN PIVOT, RIGHT STRUT FORWARD, LEFT STRUT FORWARD

1-4 Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left
5-8 Touch right toes forward, step down on right, touch left toes forward, step down on left

SEC 3: ½ TURN PIVOT, RIGHT SHUFFLE FORWARD, ¼ TURN PIVOT, LEFT CROSS SHUFFLE

1-2 Step forward right, pivot ½ turn left (6 o'clock)
3&4 Step forward right, step left next to right, step forward right
5-6 Step forward left, pivot ¼ turn right (9 o'clock)
7&8 Cross step left over right, step right to side, cross step left over right

SEC 4: GRAPEVINE RIGHT, ROLLING GRAPEVINE LEFT

1-4 Step right to side, step left behind right, step right to side, touch left out to left side
5-8 Make ¼ turn left stepping forward left, make ½ turn left stepping back right, make ¼ turn left stepping left to side, touch right next to left (9 o'clock)

SEC 5: SWITCH RIGHT, SWITCH LEFT, HEEL TOUCH RIGHT, HEEL TOUCH LEFT, 2 x ½ TURN PIVOT

1&2& Point right to side, step right next to left, point left to side, step left next to right
3&4& Touch right heel forward, step right next to left, touch left heel forward, step left next to right
5-8 Step forward right, pivot ½ turn left, step forward right, pivot ½ turn left (9 o'clock)

SEC 6: RIGHT SHUFFLE FORWARD, ½ TURN LEFT SHUFFLE FORWARD, ¼ TURN RIGHT SHUFFLE FORWARD, ½ TURN LEFT SHUFFLE FORWARD

1&2 Step forward right, step left next to right, step forward right
3&4 Make ½ turn left stepping forward left, step right next to left, step forward left (3 o'clock)
5&6 Make ¼ turn right stepping forward right, step left next to right, step forward right (6 o'clock)
7&8 Make ½ turn left stepping forward left, step right next to left, step forward left (12 o'clock)

SEC 7: RIGHT JAZZ BOX ¼ TURN CROSS, SIDE RIGHT, SHIMMY/SHAKE x 3

1-4 Cross right over left, step back left, make ¼ turn right stepping right to side, cross step left over right
5-8 Small step right to side, shimmy/shake for 3 (weight on left) (3 o'clock)

SEC 8: STEP OUT, OUT, IN, IN, WALK RIGHT, LEFT, RIGHT, ½ TURN LEFT

1-4 Step right forward and out to right diagonal, step left forward and out to left diagonal, step right back and in, step left back and in
5-8 Walk forward right, left, right, pivot ½ turn left (9 o'clock)

SEC 9: STEP OUT, OUT, IN, IN, WALK RIGHT, LEFT, RIGHT, ¼ TURN LEFT

1-4 Step right forward and out to right diagonal, step left forward and out to left diagonal, step right back and in, step left back and in

5-8

Walk forward right, left, right, pivot $\frac{1}{4}$ turn left (6 o'clock)

START AGAIN
