

Ready To Play

拍數: 64 牆數: 4 級數: Intermediate
編舞者: K.L.P.S. - October 2013
音樂: Centerfield - John Fogerty : (Album: The Long Road Home)



INTRO: 40 beats from when guitar begins – dance first 16 beats then Restart - Dance rotates Clockwise.

Stomp, Heel Toe Twists

1234 Stomp Right foot slightly apart, Twist Right Heel to right, Twist Right toes to right, Twist Right Heel to right
5678 Twist Right Heel to left, Twist Right toes to left, Twist Right Heel to left, Twist right toes to centre

Stomp, Heel Toe Twists

1234 Stomp Left foot slightly apart, Twist Left Heel to left, Twist Left toes to left, Twist Left Heel to left
5678 Twist Left Heel to right, Twist Left t toes to right, Twist Left Heel to right, Twist Left toes to centre

Kick Ball Change x 2, Step ½ Pivot, Shuffle fwd

1&2 Kick Right forward, Step Right next to left, Step Left in place
3&4 Kick Right forward, Step Right next to left, Step Left in place
5 6 Step forward on Right, Pivot ½ Left
7&8 Step Right forward, Step Left beside Right, Step Right forward

Step together, 2 x Heel bounces, Step, Shimmy, Double clap with hold,

1234 Step Left forward, Step Right together, Bounce both heels twice
5 6 Step Right forward at 45° while shimmying shoulders
7 8 Step Left together while clapping, Hold and clap

Step, Shimmy, Double Clap with hold, ½ Monterey

1 2 Step Left forward at 45° while shimmying shoulders
3 4 Step Right together while clapping, Hold and clap
5 678 Touch Right toes to right, ½ turn R while dragging Right to beside Left, Touch Left toes to left, Step together

Vine Right, 1 ¼ Rolling Vine Left, Touch

1234 Step Right to right, Step Left behind Right, Step Right to right, Touch Left beside Right
5678 Step Left to left, Step Right behind Left , ¼ turn left stepping Left forward, Touch Right beside Left ##

Heel Ball Cross x 2, Rock, Replace, Behind Side Forward

1&2 Place Right heel 45° forward, step Right back, Step Left across Right
3&4 Place Right heel 45° forward, step Right back, Step Left across Right
5 6 Rock/Step Right to right, replace Left
7&8 Step Right behind Left, Step left to left, Step Right Forward #

¼ Pivot x 2, Rock Fwd, Replace, Coaster

1 2 Step forward on Left, ¼ pivot right
3 4 Step forward on Left, ¼ pivot right
5 6 Rock/step forward on Left, Replace weight on Right
7&8 Step Left Back, Step Right beside Left, Step Left forward

End of Dance

Restarts #:

Wall 2: dance to beat 55 then touch Right beside Left and restart dance facing 12 o'clock

Wall 5: dance to beat 48 and restart dance to 3 o'clock wall

Kim: 0447 293207 - Lindy: 0411 800947 - Pat: 0428 274704 - Sandy: 0409 452183 - Email:
kingould4@bigpond.com
