

Cha-Cha De Sol

拍數: 32 牆數: 4 級數: Improver
編舞者: Mathias Pflug (DE) - February 2014
音樂: Do the Cha Cha (feat. Master Freez) - Absolut Groovers



Intro: After 8 counts - Motion: Cuban (128 bmp)

[1-8]] Side, Together, Chassé R, 1/4 Turn L / Side, Together, Chassé L

1-2 Step R To R Side, Step L Beside R
3&4 Step T To R Side, Step L Beside R, Step R To R Side
5-6 1/4 Turn L Stepping L To L Side, Step R Beside L (9.00)
7&8 Step L To L Side, Step R Beside L, Step L To L Side

[9-16] Traveling Cross Sambas R+L, Rock Forward, Recover, 3/4 Spot Turn R

1&2 While Traveling Forward: Cross R Over L, Step L To L Side, Recover On R
3&4 While Traveling Forward: Cross L Over R, Step R To R Side, Recover On L
5-6 Step R Forward, Recover On L
7&8 3/4 Turn R While Stepping On Spot (R-L-R) (6.00)

[17-24] Rock Forward, Recover, 1/2 Turn L Shuffle Back, Jazzbox R

1-2 Step L Forward, Recover On R
3&4 1/4 Turn L Stepping L Forward, Step R Beside L, 1/4 Turn L Stepping L Forward (12.00)
5-8 Cross R Over L, Step L Back, Step R To R Side, Step L Forward

[25-32] Kick-Ball-Point R+L, Step, Sweep 1/4 Turn R, Crossing Shuffle

1&2 Kick R Forward, Step R Beside L, Point L Toe To Left Side
3&4 Kick L Forward, Step L Beside R, Point R To To R Side
5-6 Step R Forward, 1/4 Turn R While Sweeping L Foot In Front Of R (3.00)
7&8 Cross L Over R, Step R Beside L, Cross L Over R

Repeat The Dance!

Tag 1: (After Wall 5, Facing, 3 O'clock)

1-2 Step R To R Side, Touch L Beside R
3-4 Step L To L Side, Touch R Beside L

Tag 2: (After Wall 7, Facing 9 O'clock)

Rumba Box With Touches

1-4 Step R To R Side, Step L Beside R, Step R Forward, Touch L Beside R
5-8 Step L To L Side, Step R Beside, Step L Back, Touch R Beside L

Contact: MP-LineDance@gmx.de - mp-linedance.jimdo.com