

# Baby Rock'n Roll

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Gabi Beeler (CH) - November 2013  
音樂: Sea of Cowboy Hats - Chely Wright



e.g Exercise Song: Old Time Rock n'Roll – Credence Clearwater Revival (BPM 124)

Also: to various Rock n'Roll Songs

## [1-8] Heel R, Together, Heel L, Together (2x)

1, 2      Touch right heel forward, Step right foot next to left  
3, 4      Touch left heel forward, Step left foot next to right  
5, 6      Touch right heel forward, Step right foot next to left  
7, 8      Touch left heel forward, Step left foot next to right

## [9-16] Forward on Heels taking weight, return to place (2x)

1      Step forward onto heel of right (toe off floor)  
2      step heel of left shoulder width apart from right (toe off floor)  
3      Step back on right  
4      Step left next to right  
5      Step forward onto heel of right (toe off floor)  
6      step heel of left shoulder width apart from right (toe off floor)  
7      Step back on right  
8      Step left next to right

## [17-24] Rock Forward, Rock Back (Rocking Chair), Step, Pivot half turn Left (x2).

1, 2      Rock right forward, recover to left  
3, 4      Rock right back, recover to left  
5, 6      Step forward on Right. Pivot half turn Left (Facing 6 o'clock)  
7, 8      Step forward on Right. Pivot half turn Left (Facing 12 o'clock)

## [25-32] Jazz Box, Jazz Box with ¼ Turn Right

1, 2      Cross right over left, Step left back  
3, 4      Step right to side, Step left together  
5, 6      Cross right over left Step left back  
7, 8      Turn ¼ right and step right forward, Step left together

Start again .....

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