Way Out West



編舞者: Etere Betty George (NZ) - August 2013

音樂: Way Out West - James Blundell & James Reyne



16 count intro.

[1-8] R Kick-Ball-Step, Pivot ½ Turn Left, R Kick-Ball-Step, Pivot ¼ Turn Left								
1&2	Low kick R forward, step ball of R beside L, step L together							
3-4	Step forward on R, pivot ½ turn left							
5&6	Low kick R forward, step ball of R beside L, step L together							
7-8	Step forward on R, pivot ¼ turn left [3.00]							

[9-16] Stomp R Forward, Heel Twists [x2], R Side, Recover, Stomp R Forward, Heel Twists [x2]

1-2	Stomp R forward, twist both heels to the right,
3-4	Twist both heels back to centre, rock R to right side
5-6	Recover on L. stomp R forward.

7-8 Twist both heels to the right, twist both heels back to centre [3.00]

[17-24] R Lock Step Back, 1/4 Turn Left, Sway Right, Sway Left, R Cross & Cross

1-4	Step back on R, lock step L across R, step back on R, make 1/4 turn left stepping L to side
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5-6 Sway to side onto R, sway to side onto L,

7&8 Cross R over L, step L to side, cross R over L [12.00]

[25-32] Sway L, Sway R, Sway L, Sway R, L Cross & Cross, 1/4 Turn Left [x2]

1-4	Sway to side onto I	sway to side onto R	sway to side onto L	, sway to side onto R.

5&6 Cross L over R, step R to side, cross L over R

7-8 Make ¼ turn left stepping R back, make ¼ turn left stepping L to side [6.00]

[33-40] R Rocking Chair, Full Turn Forward, Triple Step R.L.R.

1-4	Rock forward on R, rock back on L, rock back on R, rock forward on L
5-6	Make ½ turn left stepping back on R, make ½ turn left stepping forward on L
700	Trials at an D.I. D. IC 001

7&8 Triple step R.L.R. [6.00]

[41-48] L Rocking Chair, Full Turn Forward, Triple Step L.R.L.

1-4	Rock forward on L, rock back on R, rock back on L , rock forward on R
5-6	Make ½ turn right stepping back on L, make ½ turn right stepping forward on R

7&8 Triple step L.R.L. [6.00]

[49-56] R Forward, L Back, ¼ Turn Right, L Cross, R Side, Hold, L Together[&], R Side, L Touch

1	-4	. Ste	g:	forward	l on	١R	. step	bac	k on	L. make	e 1/2	₄ turn ri	aht	stepping	R	to si	de.	. cross l	₋ over R	

5-6 Step R to right side, hold, [clap],

&7-8 Step L together, step R to right side, touch L next to R [clap] [9.00]

[57-64] L Cross Rock, Recover, 1/4 Turn Left, R Jazz Box, R Touch

1-4	Cross rock L d	over R. rock	k back on R	, make ¼ turn le	eft stepping L	to side, cro	ss R over L
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5-8 Step L back, step R to side, step L forward, touch R next to L [6.00]

Start Again.....Enjoy

RESTART: On Wall 4 – dance up to count 48 - then restart dance facing 12.00

ENDING: On Wall 8 – dance up to count 32 – then Step R a big step to right side, drag L towards R