

Way Out West

拍數: 64 牆數: 2 級數: Improver
編舞者: Etere Betty George (NZ) - August 2013
音樂: Way Out West - James Blundell & James Reyne



16 count intro.

[1-8] R Kick-Ball-Step, Pivot ½ Turn Left, R Kick-Ball-Step, Pivot ¼ Turn Left

1&2 Low kick R forward, step ball of R beside L, step L together
3-4 Step forward on R, pivot ½ turn left
5&6 Low kick R forward, step ball of R beside L, step L together
7-8 Step forward on R, pivot ¼ turn left [3.00]

[9-16] Stomp R Forward, Heel Twists [x2], R Side, Recover, Stomp R Forward, Heel Twists [x2]

1-2 Stomp R forward, twist both heels to the right,
3-4 Twist both heels back to centre, rock R to right side
5-6 Recover on L, stomp R forward,
7-8 Twist both heels to the right, twist both heels back to centre [3.00]

[17-24] R Lock Step Back, ¼ Turn Left, Sway Right, Sway Left, R Cross & Cross

1-4 Step back on R, lock step L across R, step back on R, make ¼ turn left stepping L to side
5-6 Sway to side onto R, sway to side onto L,
7&8 Cross R over L, step L to side, cross R over L [12.00]

[25-32] Sway L, Sway R, Sway L, Sway R, L Cross & Cross, ¼ Turn Left [x2]

1-4 Sway to side onto L, sway to side onto R, sway to side onto L, sway to side onto R.
5&6 Cross L over R, step R to side, cross L over R
7-8 Make ¼ turn left stepping R back, make ¼ turn left stepping L to side [6.00]

[33-40] R Rocking Chair, Full Turn Forward, Triple Step R.L.R.

1-4 Rock forward on R, rock back on L, rock back on R, rock forward on L
5-6 Make ½ turn left stepping back on R, make ½ turn left stepping forward on L
7&8 Triple step R.L.R. [6.00]

[41-48] L Rocking Chair, Full Turn Forward, Triple Step L.R.L.

1-4 Rock forward on L, rock back on R, rock back on L, rock forward on R
5-6 Make ½ turn right stepping back on L, make ½ turn right stepping forward on R
7&8 Triple step L.R.L. [6.00]

[49-56] R Forward, L Back, ¼ Turn Right, L Cross, R Side, Hold, L Together[&], R Side, L Touch

1-4 Step forward on R, step back on L, make ¼ turn right stepping R to side, cross L over R
5-6 Step R to right side, hold, [clap],
&7-8 Step L together, step R to right side, touch L next to R [clap] [9.00]

[57-64] L Cross Rock, Recover, ¼ Turn Left, R Jazz Box, R Touch

1-4 Cross rock L over R, rock back on R, make ¼ turn left stepping L to side, cross R over L
5-8 Step L back, step R to side, step L forward, touch R next to L [6.00]

Start Again.....Enjoy

RESTART: On Wall 4 – dance up to count 48 - then restart dance facing 12.00

ENDING: On Wall 8 – dance up to count 32 – then Step R a big step to right side, drag L towards R

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