

Vacation

拍數: 32 牆數: 2 級數: Beginner
編舞者: Charles Alexander (SWE) - May 2013
音樂: Vacation - Alphabeat : (CD: Express Non-Stop - 2:55)



Intro: 48 counts, approx. 25 sec – 136 bpm

Start on vocals

[1 – 8] GRAPEVINE RIGHT, TOUCH & CLAP, DIAGONAL STEP TOUCH FORWARD WITH CLAP x2

1-3 Step right to right side. Step left slightly behind right. Step right to right side.
4 Touch left beside right and clap hands.
5-6 Step left diagonally forward left. Touch right beside left and clap hands.
7&8 Step right diagonally forward right. Touch left beside right (8) and clap hands twice (&8).

Styling: Clap (4) at right waist. Clap (6) at left shoulder. Clap (&8) on right side of head.

[9 – 16] GRAPEVINE LEFT, TOUCH & CLAP, DIAGONAL STEP TOUCH FORWARD WITH CLAP x2

1-3 Step left to left side. Step right slightly behind left. Step left to left side.
4 Touch right beside left and clap hands.
5-6 Step right diagonally forward right. Touch left beside right and clap hands.
7&8 Step left diagonally forward left. Touch right beside left (8) and clap hands twice (&8).

Styling: Clap (4) at left waist. Clap (6) at right shoulder. Clap (&8) on left side of head.

[17 – 24] ROCK FORWARD, RECOVER, RIGHT SHUFFLE BACK, ROCK BACK, RECOVER, LEFT SHUFFLE FORWARD

1-2 Rock right forward. Recover onto left.
3&4 Step right back. Step left beside right. Step right back.
5-6 Rock left back. Recover onto right.
7&8 Step left forward. Step right beside left. Step left forward.

[25 – 32] STEP 1/4 TURN x2, RUN FORWARD

1-2 Step right forward. Make 1/4 turn left shifting weight to left. [9:00]
3-4 Step right forward. Make 1/4 turn left shifting weight to left. [6:00]
5-8 Run forward right, left, right, left.

Styling: Raise arms while running forward and let out a "Whoooo!" (5-8).

More styling: Make a level change while running forward going down (5), down (6), up (7), up (8). Almost like going down and up a flight of stairs!

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