

On The Road Again

COPPER KNOB
BY STEPHEN

拍數: 28 牆數: 4 級數: Intermediate - Polka
編舞者: Charles Alexander (SWE) - July 2012
音樂: On the Road Again - Willie Nelson : (CD: 16 Biggest Hits - 2:32)



Intro: 16 counts, approx. 11 sec – 111 bpm

Start on vocals

[1 – 8] SIDE ROCK, BEHIND, SIDE, CROSS, DIAGONAL SHUFFLE 1/8 FORWARD & 1/4 BACK

- 1-2 Rock right to right side. Recover onto left.
3&4 Step right behind left. Step left to left side. Cross right over left.
5&6 Make 1/8 turn left and step left diagonally forward left. Step right beside left. Step left diagonally forward left. [10:30]
7&8 Make 1/4 turn left and step back on right. Step left beside right. Step right back. [7:30]

[9 – 16] DIAGONAL SHUFFLE 1/4 FORWARD & 1/4 BACK, SCOOT BACK x2, COASTER STEP

- 1&2 Make 1/4 turn left and step left diagonally forward left. Step right beside left. Step left diagonally forward left. [4:30]
3&4 Make 1/4 turn left and step back on right. Step left beside right. Step right back. [1:30]
5-6 Scoot back on left with right knee slightly hitched. Scoot back on right with left knee slightly hitched.
7&8 Step back on left. Step right beside left. Step left forward.

[17 – 24] FORWARD ROCK, TRIPLE FULL TURN, KICK-BALL-STEP, FORWARD ROCK

- 1-2 Rock right forward. Recover onto left.
3&4 Make a full turn right stepping right, left, right in place.
5&6 Kick left forward. Step left beside right. Step right forward.
7-8 Rock left forward. Recover onto right.

[25 – 28] SHUFFLE 1/2 TURN, STEP, 1/2 TURN LEFT + 3/8 TURN

- 1&2 Make 1/4 turn left and step left to left side. Step right beside left. Make 1/4 turn left and step left forward. [7:30]
3-4 Step right forward. Make 1/2 turn left shifting weight to left. [1:30]

(Add another 3/8 turn left and rock right foot to right side (1) facing [9:00])

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