

# All of Me

COPPER KNOB  
BY STEPHEN HETS

拍數: 48      牆數: 2      級數: Intermediate NC2S  
編舞者: Travis Taylor (AUS) - December 2013  
音樂: All of Me - John Legend : (Album: Love In The Future - iTunes)



Intro: 8 counts just before the lyric

## BACK DRAG, BACK COASTER CROSS, SIDE ROCK, CROSS, SIDE, 1/2L HITCH, 1/4R, FULL TURN R, KICK

1            Step L back while dragging R towards L  
2&3        Step R back, Step L together, Cross R over L  
&4&        Rock L to L, Replace wt on R, Cross L over R  
5-6        Step R to R whilst hinging 1/2L hitch L knee, Step L to L (6:00)  
7&8&      Travel to R - 1/4R step R FWD, 1/2R step L back, 1/2R step R FWD, Kick L on L 45 (9:00)

## CROSS, BACK, BACK, CROSS, BACK, 1/2R, 1/2R, 1/2R, FWD, 1/4R PIVOT, CROSS, 1/4L, 1/2L, 1/4L

1-2&      Gently Cross/Lock L over R, Step R back diagonally, Step L back diagonally  
3&        Cross/Lock R over L, Step L back diagonally  
4&5      Travel back -1/2R step R FWD, 1/2R step L back, 1/2R step R FWD (3:00)  
6&7      Step L FWD, 1/4R Pivot wt on R, Cross L over R (6:00)  
8&1      1/4L step R back, 1/2L step L FWD, 1/4L big step R to R (6:00)

## BEHIND, SIDE, CROSS ROCK, SIDE ROCK, BEHIND SWEEP, BEHIND, 1/8L, FWD, FWD, 1/4L, BACK DRAG

2&        Step L behind R, Step R to R  
3&4&      Cross Rock L over R, Replace wt on R, Rock L to L, Replace wt on R  
5        Step L behind R sweep R around  
6&7      Step R behind L, 1/8L step L FWD, Step R FWD drag L towards R (4:30)  
8&1      Step L FWD, 1/4L step R to R, Step L back dragging L towards R (1:30)

(Note: count 6-8 travel in a 1/2 diamond walk)

## BACK, 1/8L, CROSS ROCK & CROSS ROCK & CROSS, FULL UNWIND L, SWEEP

2&        Step R back, 1/8L Step L to L (Straighten up to 12:00)  
3-4&      Cross R over L, Replace wt on L, Step R to R  
5-6&      Cross L over R, Replace wt on R, Step L to L  
7-8      Cross Touch R over L, Full turn L unwind wt on R (12:00)  
a        Sweep L foot around ###

## BEHIND, SIDE, CROSS, SIDE, BACK ROCK, 1/4R, 1/4R SIDE ROCK, CROSS, SIDE ROCK, CROSS

1&2&      Step L behind R, Step R to R, Cross L over R, Step R to R  
3-4&      Rock L back, Replace wt on R (over turn to L 45), 1/4R Step L back (3:00)  
5-6&      1/4R rock R to R, Replace wt on L, Cross R over L (6:00)  
7-8&      Rock L to L, Replace wt on R, Cross L over R

## 1/2L HITCH, SIDE, TOG, FWD, SIDE, TOG, BACK, BACK, 1/2R, PRESS, RECOVER

1            Step R to R hinging 1/2L hitch L (12:00)  
2&3        Step L to L, Step R together, Step L FWD  
4&5        Step R to R, Step L together, Step R back  
6&7        Step back L, 1/2R Step R FWD, Step/Press L FWD (L & R knee bent) (6:00)  
8            Replace wt R back (Straightening up both legs)

REPEAT

Ending: wall 6 (6:00) - dance to count 32a - change the full unwind to 1 1/2L to face the front (or alternately unwind 1/2L without the sweep ) ###

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