

# It's Hard To Be A Hippie

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Easy Improver  
編舞者: Diana Dawson (UK) - November 2013  
音樂: Hard To Be a Hippie (feat. Willie Nelson) - Billy Currington : (Album: We Are Tonight)



16 count intro – start on vocals

## Section 1: SIDE SWITCHES, HEEL SWITCHES, STEP, HALF TURN, SHUFFLE HALF TURN

1&            Point right toes to right side, step right beside left.  
2&            Point left toes to left side, step left beside right  
3&            Tap right heel forward, step right beside left  
4&            Tap left heel forward, step left beside right  
5-6           Step forward on right foot, pivot half turn left stepping forward onto left [6.00]  
7&8           Shuffle half turn left, stepping Right-Left-Right [12.00]

## Section 2: COASTER STEP, WALK FORWARD, MAMBO FORWARD, BACK LOCK BACK

1&2           Step back on left foot, step right beside left, step forward on left  
3-4           Walk forward right – left  
5&6           Rock forward on right, recover onto left, step back on right  
7&8           Step back on left, lock step right over left, step back on left

## Section 3: BACK, ROCK, HEEL STRUT (Right & Left), SAILOR QUARTER TURN, SHUFFLE FORWARD

1&            Rock back on right foot (slightly behind left), recover onto left  
2&            Touch right heel out to right side, snap toes to floor  
3&            Rock back on left foot (slightly behind right), recover onto right  
4&            Touch left heel out to left side, snap toes to floor  
5&6           Step right behind left, quarter turn left stepping left to left side, step right to right side  
7&8           Left shuffle forward, stepping Left-Right-Left [9.00]

## Section 4: ROCK FORWARD, HALF TURN SHUFFLE, JAZZBOX TOUCH

1-2            Rock forward on right foot, recover onto left  
3&4            Shuffle half turn right, stepping Right-Left-Right [3.00]  
5-6-7-8        Cross left over right, step back on right, step left to left side, touch right beside left.

Begin again

Ending – the dance/music finishes at the end of Section 1 facing 6 o'clock.

Replace the half turn shuffle (steps 7&8) with a simple Right Shuffle Forward facing 12 o'clock

My thanks to Glennys Croston for bringing this track to my attention!

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