

Sweet Little Lisa

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Improver
編舞者: Bob Francis (UK) - January 2014
音樂: Sweet Little Lisa - The Notorious Cherry Bombs : (Album: The Notorious Cherry Bombs)



Intro : 16 counts

S1: SIDE BEHIND SIDE, HEEL DIG LEFT, SIDE BEHIND SIDE, HEEL DIG RIGHT

1-2 Step right to right side, Step left behind right.
3-4 Step right to right side, Dig left heel to left diagonal.
5-6 Step left to left side, Step right behind left.
7-8 Step left to left side, Dig right heel to right diagonal.

S2: BACK ROCK, KICK KICK , BACK ROCK, KICK KICK

1-2 Rock back on right foot, Recover on left foot.
3-4 Kick right foot forward low to right diagonal twice.
5-6 Rock back on right foot, Recover on left foot.
7-8 Kick right foot forward low to right diagonal twice.

S3: BACK COASTER STEP HOLD, STEP HALF TURN STEP HOLD

1-2 Step back on right, Step left next to right.
3-4 Step forward on right, Hold,
5-6 Step forward on left, Pivot half turn right, Step forward on right.
7-8 Step forward on left, Hold.

S4: RIGHT STRUT HALF TURN, LEFT STRUT HALF TURN, STEP HALF TURN STEP HOLD

1-2 Touch right toe back, Turn half left dropping right heel.
3-4 Touch left toe forward, Turn half left dropping left heel.
5-6 Step forward on right, Pivot half turn left, Step forward on left.
7-8 Step forward on right, Hold.

S5: HEEL HOOK, HEEL HEEL, HEEL HOOK, HEEL HEEL

1-2 Dig left heel forward, Hook left heel across right leg.
3-4 Dig left heel forward twice.
&5-6 Step left beside right, Dig right heel forward, Hook right heel across left leg.
7-8 Dig right heel forward twice.

S6: STEP TOGETHER, HEEL SPLIT, STEP TOGETHER, HEEL SPLIT

1-2 Step forward on right to right diagonal, Step left next to right.
3-4 Swivel heels open, Swivel heels closed (weight on right foot).
5-6 Step forward on left to left diagonal, Step right next to left.
7-8 Swivel heels open, Swivel heels closed (weight on left).

S7: BACK TOUCH, BACK TOUCH, RIGHT COASTER , HOLD

1-2 Step back on right to left diagonal, Touch left next to right (clap).
3-4 Step back on left to right to diagonal, Touch right next to left (clap).
5-6 Step back on right, Step left next to right.
7-8 Step forward on right, Hold.

S8: STEP PIVOT QUARTER CROSS, BACK ROCK, BACK ROCK

1-2 Step forward on left, Pivot quarter right, Step forward on right.
3-4 Step left across right, Hold.

- 5-6 Rock back on right, Recover on left (rocking motion).
7-8 Rock back on right, Recover on left (rocking motion – with your weight on your left foot to start again).

TAGS:-

4 count Tag: End of wall 3 (facing 9:00)

- 1-2 Step forward on right, Pivot half turn left, Step forward on left.
3-4 Step forward on right, Pivot half turn left, Step forward on left.

12 count Tag: End of wall 4 (facing 12:00)

- 1-2 Step right to right side, Step left behind right.
3-4 Step right to right side, Touch left next to right.
5-6 Step left to left side, Step right behind left.
7-8 Step left to left side, Touch right next to left.
9-10 Step forward on right, Pivot half turn left, Step forward on left.
11-12 Step forward on right, Pivot half turn left, Step forward on left.

Contact - Email: robertdfrancis@btconnect.com
