Ikut Rentakku

級數: Low Intermediate

編舞者: Norlizah Abdul Rahim - December 2013

音樂: Ikut Rentakku - Jaclyn Victor

(1-8) Cross, Point, Cross, Point, Jazz Box ¼ Turn Right, Cross

- 1-2 Cross RF over Lf, point LF to L side
- 3-4 Cross LF over RF, point RF to R side
- 5-6 Cross RF over LF, step LF back
- 7-8 Make a ¼ turn to R by stepping RF to R side, step cross LF over RF

(9-16) Shoulder Shrugs, Kick Ball Cross, Step, Cross, Side, Cross

- 1-2 Step RF to R side with raise R shoulder up(drop L down), raise L shoulder up (drop R down)3-4 Repeat
- 5&6 Kick RF to diagonal L, step RF next to LF, cross LF over RF
- &7&8 Step RF to R side, cross LF over RF, step RF to R side, cross LF over RF

(17-24) Cross, Step, Cross, Step, Sailor, Cross Behind, ¼ Turn Right, Step Forward

- 1-2 Cross RF over LF, step LF to L side
- 3-4 Repeat
- 5&6 Step RF behind LF, step LF to L side, step RF to R side
- 7&8 Cross LF behind RF, step RF into ¼ turn right, step LF forward

(25-32) Step, Cross Behind, Step, Cross Over, Step, Hell, Step, Jazz Box

- 1-2 Step RF to R side, cross LF behind RF, step RF to R side
- 3&4 Cross LF over RF, Step RF to R side, touch LF heel to L diagonal, Step LF next to RF
- 5-6 Cross RF over LF, step back on LF
- 7-8 Step RF to R side, step LF forward

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拍數: 32

牆數:2