

# Back It Up

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Norlizah Abdul Rahim - January 2014  
音樂: Back It Up - Caro Emerald



Start on vocal

## (1-8) Heel Switch, Brush, Touch, Bounce, Kick Ball Change

1&2&      Touch R heel forward, step down on RF, touch L heel forward, step down on LF  
3&4      Brush RF forward, step down on RF, touch L toe forward  
5-6      Bounce R hip up & down. Weight on R  
7&8      Kick LF forward, step down on LF, step RF forward

## (9-16) Walk, Kick Forward, Touch Behind, ¼ Turn Left Chasse, ¼ Turn Right, 1/2 Turn Left

1-2      Walk forward on LF, RF  
3-4      Kick LF forward, touch LF behind  
5&6      Make a ¼ turn left stepping LF to L side, step RF next LF, step LF to L side  
7-8      Make a ¼ turn right skating RF, ½ turn left skating LF

\*\*\*Restart point - wall 4

## (17-24) Step, Cross Behind, ¼ Turn Right, Step Forward, Forward Coaster, Step Back, Touch Cross Behind

1-4      Step RF to R side, cross LF behind RF, ¼ turn right, stepping RF forward, step LF forward  
5&6      Step RF forward, step LF next to RF, step RF back  
7-8      Step LF back, touch RF cross behind LF

## (25-32) Point, Step, Touch Heel, Step Forward, Touch, Coaster Step

1&2&      Point R to R side, step RF next to LF, point L toe to L side, step LF next to RF  
3&4&      Touch R heel forward, step RF next to LF, touch L heel forward, step LF next to RF  
5-6      Take a big step on RF forward, touch LF next to RF  
7&8      Step LF back, step RF next to LF, step LF forward

RESTART: On wall 4 dance up to count 16....change count 7-8 with skate RF & LF without turning. Now you restart the dance facing 12.00.

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