

Bounce With Me

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Beginner
編舞者: Vanna Bautista (USA) - January 2014
音樂: Bounce With Me - Kreesha Turner : (CD: Bounce With Me - Single - iTunes)



Start dance after 32 count intro.

TURN, TOE STRUTS, TURN, SHUFFLES

1&2& Turn 1/4 right and touch R toes forward, drop R heel, touch L toes forward, drop L heel
3-4 Step R forward, turn 1/2 left
5&6 Shuffle forward R, L, R
7&8 Shuffle forward L, R, L

WALK BACK, TOE TOUCHES

1-2 Step R back, step L back
3-4 Step R back, step L together
5&6& Touch R toes forward, step R together, touch L toes forward, step L together
7&8 Touch R toes forward, step R together, touch L toes forward

JAZZ BOX, TURN, JAZZ BOX

1-2 Cross L over R, turn 1/4 left and step R back
3-4 Step L to side, step R together
5-6 Cross L over R, step R back
7-8 Step L to side, step R together

SIDE, BACK, SHUFFLE, SAMBA WHISKS

1-2 Step L to side, step R back
3&4 Shuffle forward L, R, L
5&6 Step R to side, rock L behind R, recover to R
7&8 Step L to side, rock R behind L, recover to L

Repeat

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