

# Feelin' Alright

**COPPER** KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Improver  
編舞者: Phil Carpenter (UK) - January 2014  
音樂: Sleepwalking - Lissie : (CD: Lissie - Single - iTunes)



32 Count Intro when main beat kicks in.

## SECTION 1: RIGHT ROCK BACK, RIGHT SHUFFLE FORWARD, WALK FORWARD LEFT, RIGHT, RIGHT SHUFFLE FORWARD.

1 - 2            Right rock back, Recover weight on left.  
3 & 4           Right step forward, Left step beside Right, Right step forward.  
5 - 6            Walk forward Left, Right  
7 & 8            Left step forward, Right step beside Left, Left step forward.

## SECTION 2: RIGHT ROCK FORWARD, SHUFFLE ½ TURN RIGHT, FULL TURN RIGHT, LEFT SHUFFLE FORWARD.

9 - 10           Right rock forward, Recover weight on Left.  
11 & 12          Shuffle ½ turn Right stepping Right, Left, Right. 6.00  
13 - 14          ½ turn Right stepping Left forward, ½ Turn Right stepping Right forward. 6.00  
**(Easier option, walk forward, Left, Right.)**  
15 & 16          Left step forward, Right step beside Left, Left step forward.

## SECTION 3: RIGHT ROCKING CHAIR, ¼ TURN LEFT, RIGHT CROSSING SHUFFLE,

17- 18           Right rock forward, Recover weight on Left.  
19 - 20           Right rock back, Recover weight on Left.  
21 - 22           Right step forward, turn ¼ Left. 3.00  
23 & 24           Right cross over Left, Left step to Left side, Right cross over Left.

## SECTION 4: ¼ RIGHT X2, LEFT CROSS ROCK, LEFT SIDE, HOLD, & SIDE, TOUCH.

25 - 26           ¼ Right stepping back on Left, ¼ Right stepping right to Right side. 9.00  
27 - 28           Left cross over Right, Recover weight on Right.  
29 - 30           Left step to Left side, Hold  
& 31 - 32          Right step beside Left, Left step to Left side, Right touch beside Left. (W.O.L.)

**REPEAT STEPS FACING NEW WALL - ENJOY AND HAVE FUN**

**\*\*\*Choreographers Note \*\*\***

**End of Dance & Big Finish.**

**You will be facing 6.00, The singer goes into acapella mode, Dance up to step 20 then,**

21 - 24            Right step forward, ½ pivot Turn Left, x2 (End facing front)

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