

I'm Mad but EZ

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Judy Rodgers (USA) - January 2013
音樂: Mad - Anthony Hamilton



16 count intro

WALK, WALK, KICK BALL CHANGE, SAILOR STEP, SAILOR TURN ¼

1-2 Walk R L
3&4 Kick R fwd, step R beside L, step L beside R
5&6 Sailor step
7&8 Sailor turn 1/4 left [9:00]

WALK, WALK, KICK BALL CHANGE, SAILOR STEP, SAILOR TURN ¼

1-2 Walk R L
3&4 Kick R fwd, step R beside L, step L beside R
5&6 Sailor step
7&8 Sailor turn 1/4 left [6:00]

ROCK RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, STEP PIVOT ¼

1-2 Rock R fwd, recover L
3&4 Shuffle back R L R
5-6 Rock L back, recover R
7-8 Step L fwd, pivot 1/4 right [9:00]

CROSS SHUFFLE, SIDE SHUFFLE, ROCK BACK, RECOVER, STEP DRAG

1&2 Cross L over R, step R to side, cross L over R
3&4 Step R to side, step L beside R, step R to side
5-6 Rock L behind R, recover R
7-8 Step L big step to left, drag/touch R beside L

TAG: 8 count Tag is danced after walls 2, 4, 6, and 8
note: dance 2 walls, then dance the Tag
(you will dance the Tag at every front and back wall)

STEP PIVOT ½, WALK R, L, CROSS UNWIND ½

1-2 Step R fwd, pivot ½ left
3-4 Walk R L
5-8 Cross R over L unwind ½ slowly to the front or back, weight on L)