

# Most Of All

拍數: 48                      牆數: 2                      級數: Easy Intermediate  
編舞者: Ria Vos (NL) - January 2014  
音樂: I Miss You - The Henningsens : (Album: The Henningsens -EP)



Intro: 16 Counts (±13sec)

## Step Fwd, Mambo Fwd, Coaster Cross, ¼ R, ½ R, Step ¼ Pivot R Cross

1                      Step Fwd on R  
2&3                  Rock Fwd on L, Recover on R, Step Back on L  
4&5                  Step Back on R, Step L Next to R, Cross R Over L  
6-7                  ¼ Turn R Step Back on L, ½ Turn R Step Fwd on R  
8&1                  Step Fwd on L, Pivot ¼ Turn R, Cross L Over R

## Side, Behind, Side, Cross & Cross Rock, ¼ L, Cross Rock, Side

2-3&                Step R to R Side, Step L Behind R, Step R to R Side  
4&                  Cross L Over R, Step on Ball of R to R Side  
5-6                  Cross Rock L Over R, Recover on R  
7                    ¼ Turn L Step Fwd on L  
8&1                  Cross Rock R Over L, Recover on L, Step R to R Side

## Point Fwd, Point Side, Sailor ¼ L, Full Turn L, Lock Step Fwd

2-3                  Point L Fwd, Point L to L Side  
4&5                  Step L Behind R, ¼ Turn L Step R Next to L, Step Fwd on L  
6-7                  ½ Turn L Step Back on R, ½ Turn L Step Fwd on L (option: Walk Fwd R-L)  
8&1                  Step Fwd on R, Lock L Behind R, Step Fwd on R

## Pivot ½ Turn R, Shuffle ½ Turn R, Step Back, ½ Turn L, Step Pivot ½ L, Step Fwd

2-3                  Step Fwd on L, Pivot ½ Turn R  
4&5                  Shuffle ½ Turn R Stepping L-R-L  
(option 2-3: Rock Fwd on L, Recover on R, 4&5: Shuffle Back Stepping L-R-L)  
6-7                  Step Back on R, ½ Turn L Step Fwd on L  
8&1                  Step Fwd on R, Pivot ½ Turn L (\*\*\*)Restart Point wall 6), Step Fwd on R  
(option 6-7: Step Back on R, Step Back on L, 8&1: R Coaster Step)

## Point, Cross, Side Rock Cross, Point, Step Back with Sweep, Coaster Step

2-3                  Point L to L Side, Cross L Over R  
4&5                  Rock R to R Side, Recover on L, Cross R Over L  
6-7                  Point L to L Side, Step L Behind R Sweeping R from Front to Back  
8&1                  Step Back on R, Step L Next to R (\*\*\*)Restart Point wall 3), Step Fwd on R

## Rock Fwd, Shuffle ½ Turn L, Pivot ½ Turn L, Step Lock

2-3                  Rock Fwd on L, Recover on R  
4&5                  Shuffle ½ Turn L Stepping L  
6-7                  Step Fwd on R, Pivot ½ Turn L  
8&                  Step Fwd on R, Lock L Behind R

Restarts: On wall 3 After count 40 (6:00), On wall 6 After count 32 (12:00)

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