

Ritmo

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ria Vos (NL) - January 2014
音樂: Ritmo (Radio Edit) - Carolina Marquez : (Album: Ritmo -EP)



Intro: 32 Counts (±14 sec)

Side, Behind & Cross, Side, Rock Back, Kick-Ball-Cross

1-2 Step R to R Side, Step L Behind R
&3-4 Step on Ball of R to R Side, Cross L Over R, Step R to R Side
5-6 Rock Back on L, Recover on R
7&8 Kick L to L Diagonal, Step on Ball of L Next to R, Cross R Over L

Side, Behind & Cross, Side, Rock Back, Shuffle ½ Turn L

1-2 Step L to L Side, Step R Behind L
&3-4 Step on Ball of L to L Side, Cross R Over L, Step L to L Side
5-6 Rock Back on R, Recover on L
7&8 Shuffle ½ Turn L Stepping R-L-R

Rock Back, Full Turn R, Shuffle Fwd, Step Pivot ¼ L

1-2 Rock Back on L, Recover on R
3-4 ½ Turn R Step Back on L, ½ Turn R Step Fwd on R
5&6 Shuffle Fwd Stepping L-R-L
7-8 Step Fwd on R, Pivot ¼ Turn L

Cross, Hold, & Cross & Cross, Chasse, Rock Back

1-2 Cross R Over L, Hold
&3&4 Step L to L Side, Cross R Over L, Step L to L Side, Cross R Over L (option count 3: Cross R Behind)
5&6 Step L to L Side, Step R Next to L, Step L to L Side
7-8 Rock Back on R, Recover on L

¼ L, ¼ L, Cross & Heel & Cross, Point, Cross, Point

1-2 ¼ Turn L Step Back on R, ¼ Turn L Step L to L Side
3&4& Cross R Over L, Step L to L Side, Tap R Heel to R Diagonal, Step R Next to L
5-6 Cross L Over R, Point R to R Side
7-8 Cross R Over L, Point L to L Side

L Sailor, R Sailor, Point Back ½ Turn L, Step Pivot ½ Turn L

1&2 Step L Behind R, Step R to R Side, Step L to L Side
3&4 Step R Behind L, Step L to L Side, Step R to R Side
5-6 Point L Toe Back, ½ Turn L (Weight on L)
7-8 Step Fwd on R, Pivot ½ Turn L

Step Fwd, Kick-Ball-Step, Step Fwd, Shuffle Fwd, Rock Fwd

1-2& Step Fwd on R, Kick L Fwd, Step on Ball of L Next to R
3-4 Step Fwd on R, Step Fwd on L
5&6 Shuffle Fwd Stepping R-L-R
7-8 Rock Fwd on L, Recover on R

Step Back, Kick-Ball-Back, Step Back, Coaster Step, Step Pivot ½ L

1-2& Step Back on L, Kick R Fwd, Step on Ball of R Next to L
3-4 Step Back on L, Step Back on R

5&6 Step Back on L, Step R Next to L, Step Fwd on L
7-8 Step Fwd on R, Pivot ½ Turn L

Tag: After wall 4 (12:00)

1-2& Rock R to R Side, Recover on L, Step R Next to L
3-4 Step L to L Side, Touch R Next to L
5&6& Tap R Heel Fwd, Step R Fwd, Tap L Behind R Heel, Step Back on L
7&8 Tap R Heel Fwd, Clap Hands Twice

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