

# Sun And Moon

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 1      級數: Improver  
編舞者: Roosamekto Mamek (INA) - January 2014  
音樂: You're The First The Last My Everything by Gloria Gaynor & Barry White



Intro: 76 count (on vocals **FIRST** in my first ...)

## **SIDE, TOUCH**

1-2            Step R to side – Touch L beside R  
3-4            Step L to side – Touch R beside L  
5-6            Step R to side – Touch L beside R  
7-8            Step L to side – Touch R beside L

## **(R LINDY) SIDE CHASSE, BACK, RECOVER, ROCKING CHAIR**

1&2            Step R to side – Step L together – Step R to side  
3-4            Step L back – Recover on R  
5-6            Rock L forward – Recover on R  
7-8            Rock L back – Recover on R

## **(L LINDY) SIDE CHASSE, BACK, RECOVER, KICK BALL CHANGE 2X**

1&2            Step L to side – Step R together – Step L to side  
3-4            Step R back – Recover on L  
5&6            Kick R forward – Step R ball beside L – Step L in place  
7&8            Kick R forward – Step R ball beside L – Step L in place

## **PADDLE TURN ¼ TO LEFT 4X**

1-2            Step R forward – Pivot turn ¼ left  
3-4            Step R forward – Pivot turn ¼ left  
5-6            Step R forward – Pivot turn ¼ left  
7-8            Step R forward – Pivot turn ¼ left

## **WALK FORWARD R-L-R, KICK FORWARD, WALK BACK L-R-L-R**

1-2            Step R forward – Step L forward  
3-4            Step R forward – Kick L forward  
5-6            Step L back – Step R back  
7-8            Step L back – Step R back

## **WALK BACK L-R-L, TOGETHER, WALK FORWARD L-R-L-R**

1-2            Step L back – Step R back  
3-4            Step L back – Step R together  
5-6            Step L forward – Step R forward  
7-8            Step L forward – Step R forward

## **PADDLE TURN ¼ TO RIGHT 4X**

1-2            Step L forward – Pivot turn ¼ right  
3-4            Step L forward – Pivot turn ¼ right  
5-6            Step L forward – Pivot turn ¼ right  
7-8            Step L forward – Pivot turn ¼ right

## **JAZZ BOX CROSS, SIDE MAMBO, BACK, RECOVER**

1-2            Cross L over R – Step R back  
3-4            Step L to side – Cross R over L

5&6            Rock L to side – Recover on R – Step L together  
7-8            Step R back – Recover on L

**REPEAT**

**TAG: End of walls 2 & 4**

**SIDE, TOGETHER, SIDE TOUCH**

1-2            R side ~ L together  
3-4            R side ~ L touch beside R  
5-6            L side ~ R together  
7-8            L side ~ R touch beside L

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