

Sun And Moon

COPPER KNOB
STEPPED SHEETS

拍數: 64 牆數: 1 級數: Improver
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音樂: You're The First The Last My Everything by Gloria Gaynor & Barry White



Intro: 76 count (on vocals **FIRST** in my first ...)

SIDE, TOUCH

1-2 Step R to side – Touch L beside R
3-4 Step L to side – Touch R beside L
5-6 Step R to side – Touch L beside R
7-8 Step L to side – Touch R beside L

(R LINDY) SIDE CHASSE, BACK, RECOVER, ROCKING CHAIR

1&2 Step R to side – Step L together – Step R to side
3-4 Step L back – Recover on R
5-6 Rock L forward – Recover on R
7-8 Rock L back – Recover on R

(L LINDY) SIDE CHASSE, BACK, RECOVER, KICK BALL CHANGE 2X

1&2 Step L to side – Step R together – Step L to side
3-4 Step R back – Recover on L
5&6 Kick R forward – Step R ball beside L – Step L in place
7&8 Kick R forward – Step R ball beside L – Step L in place

PADDLE TURN ¼ TO LEFT 4X

1-2 Step R forward – Pivot turn ¼ left
3-4 Step R forward – Pivot turn ¼ left
5-6 Step R forward – Pivot turn ¼ left
7-8 Step R forward – Pivot turn ¼ left

WALK FORWARD R-L-R, KICK FORWARD, WALK BACK L-R-L-R

1-2 Step R forward – Step L forward
3-4 Step R forward – Kick L forward
5-6 Step L back – Step R back
7-8 Step L back – Step R back

WALK BACK L-R-L, TOGETHER, WALK FORWARD L-R-L-R

1-2 Step L back – Step R back
3-4 Step L back – Step R together
5-6 Step L forward – Step R forward
7-8 Step L forward – Step R forward

PADDLE TURN ¼ TO RIGHT 4X

1-2 Step L forward – Pivot turn ¼ right
3-4 Step L forward – Pivot turn ¼ right
5-6 Step L forward – Pivot turn ¼ right
7-8 Step L forward – Pivot turn ¼ right

JAZZ BOX CROSS, SIDE MAMBO, BACK, RECOVER

1-2 Cross L over R – Step R back
3-4 Step L to side – Cross R over L

5&6 Rock L to side – Recover on R – Step L together
7-8 Step R back – Recover on L

REPEAT

TAG: End of walls 2 & 4

SIDE, TOGETHER, SIDE TOUCH

1-2 R side ~ L together
3-4 R side ~ L touch beside R
5-6 L side ~ R together
7-8 L side ~ R touch beside L

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