

Country Strong

COPPER KNOB
BY STEPHEN HILLS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Jacqui Cargill (UK) - November 2013
音樂: Country Song - Mark Hills : (Album: Me and My Taylor)



SECTION 1: ROCKS FORWARD / BACK WITH SWIVELS

- 1 - 4 Rock forward on right, back on left, then back on right, forward on left.
5 - 8 Place right to right side and with weight on both feet swivel right, left, right, left.

SECTION 2: RIGHT HEEL HOOKS WITH TOE TAPS

- 9 - 12 Dig right heel forward then hook under left knee, repeat.
13 - 16 Step right foot forward tap left toe behind, step left foot back tap right toe in front.

SECTION 3: GRAPEVINES RIGHT WITH GRAPEVINE LEFT WITH HALF TURN

- 17 - 20 Step right to right side, cross left behind right. Step right to right side touch left beside right.
21 - 24 Step left to left side, cross right behind left, take a ¼ turn left and step right to right side turning a further ¼ turn.

SECTION 4: SIDE SHUFFLES RIGHT AND LEFT WITH BACK ROCKS

- 25 - 28 Step right to right side, close left beside right, step right to right side. Rock back on left and forward on right.
29 - 32 Step left to left side, close right beside left, step left to left side. Rock back on right and forward on left.

SECTION 5: TOE FANS RIGHT WITH HEEL WALKS

- 33 - 36 Step right foot forward and fan forward. Repeat.
37 - 40 With weight on both heels step forward on left and right heels then back left , right.

SECTION 6: HEEL SPLITS WITH STEP SCUFFS

- 41 - 44 With weight on both feet split heels out, in, out, in.
45 - 48 Step slight angle to right corner and scuff left foot over right, repeat on left.

Contact: Skakey@hotmail.co.uk
