

The Boss

拍數: 40 牆數: 2 級數: Improver
編舞者: Wil Bos (NL) - January 2014
音樂: The Boss - Nicole Bernegger : (Album: The Voice)



Intro 40 counts

Side, Diag. Rock Back Recover, Shuffle Fwd, Cross, Flick, Cross Shuffle

1-3 LF step side, RF ? right and rock back, LF recover
4&5 RF step forward, LF step beside, RF step forward [1.30]
6-7 LF cross over, RF flick back and turn ? left
8&1 RF cross over, LF step side, RF cross over [12]

Sways L R, Sailor ¼ Left, Touch, ¼ Flick, Step Lock Step

2-3 LF step side and hips left, hips right
4&5 LF ¼ left and cross behind, RF step beside, LF small step forward
6-7 RF touch forward, RF ¼ left and flick back
8&1 RF step forward, LF lock behind, RF step forward [6]

Full Turn R Into ¼ Turn R Chassé Left, Rock Behind Recover, Kick Ball Cross

2-3 LF ½ right and step back, RF ½ right and step forward
4&5 LF ¼ right and step side, RF close, LF step side [9]
6-7 RF rock behind, LF recover
8&1 RF kick right forward, RF step beside on ball foot, LF cross over

Sways R L, Chassé Right, Cross, ¼ Left Back, Chassé Left

2-3 RF step side and hips right, hips left
4&5 RF step side, LF close, RF step side
6-7 LF cross over, RF ¼ left and step back [6]
8&1 LF step side, RF close, ** LF step side

Cross, Side, Sailor Cross ½ Turn Right, ¼ R, ¼ R, Cross Rock Recover

2-3 RF cross over, LF step side
4&5 RF ½ right and cross behind, LF step together, RF cross over
6-7 LF ¼ right and step back, RF ¼ right and step side
8& LF rock across, RF recover [6]

Start again

** Restarts:-

Dance the 1st, 5th, and 6th wall up to and including count 32& (count 8& of the 4th section) and start again.