

Going Down

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Jane Middleton (UK) & Ian Scowcroft (UK) - January 2014
音樂: Timber (feat. Kesha) - Pitbull



(Credit goes to Alison and Peter of TheDanceFactoryUK for the Inspiration and 1st 8 counts borrowed from their Intermediate dance "TIMBER")

#1 R fwd rock recover, R & L apart, R heel bounce step, L heel bounce step.

1-2 Rock forward R recover weight on left
&3-4 Step R foot back and out, step left foot out (feet apart), hold.

EASIER ALTERNATIVE for counts 1-4; do a box step :

1-2 Step diagonally out forward with R, step diagonally forward L (feet apart).
3-4 Step back with R, step back with L (keep feet apart).

5-6 Tap (bounce) R heel down/up, and then step down on R.
7-8 Tap (bounce) L heel down/up, then up then step down on L.

STYLING: Press palms to floor as you do the heel bounces

#2 Diagonal step touches forward R then L. Diagonal Step touches back R then L.

1-2 Step forward on right diagonal, touch left beside right.
3-4 Step forward on left diagonal, touch right beside right.
5-6 Step back on right diagonal, touch left beside right.
7 8 Step back on left diagonal, touch right beside left.

STYLING: (Do these steps with attitude and clap as you touch)

#3 Grapevine R, touch, Grapevine L turning ¼ L, scuff

1-2 Step right to right side, step left behind right.
3-4 Step right to right side, touch left beside right foot.
5-6 Step left to left side, cross right behind left.
7-8 step left to left side as you turn a 1/4 L, scuff R forward (9:00)

#4 Right Rocking Chair, 2 x 1/8 paddles L.

1-2 Rock forward on R, recover back onto L.
3-4 Rock Back on R, recover forward onto L.
5-6 Step forward on right, push 1/8 turn to L taking weight on L. (swing your hips)
7-8 Step forward on right, push 1/8 turn to L taking weight on L (6:00). (swing your hips)

Repeat

FINISH: End of last wall (6:00) - Step Fwd. on R & push arms up in the air!

Contact: www.jetsets.talktalk.net, jetsetjane@nulinedance.com.