

You Can Stay

拍數: 32 牆數: 4 級數: Improver
編舞者: Gudrun Schneider (DE) - January 2014
音樂: You Can Stay - Woody Pitney



Dance begins after counts 16 (on vokals)

Chasse R, ¼ Turn L chasse L, ¼ Turn L chasse R, coaster step

1&2 Step right to right side - step left beside right - step right to right side (12:00)
3&4 ¼ turn left - step left to left side - Step right beside left - step left to left side (9:00)
5&6 ¼ turn left, step right to right side, step left beside right, step right to right side (6:00)
7&8 Step left back, step right next to left, step forward left

Heel & heel & step ¼ turn L 2x

1&2 Touch right heel forward - step right next to left - touch left heel forward
&3-4 Step Left next to right - step forward right - ¼ turn left (3:00)
5&6 Touch right heel forward - step right next to left - touch left heel forward
&7-8 Step Left next to right - step right forward - ¼ turn left (12:00)

(Restart: on wall 4 after counts 16 — 9:00)

Cross – side - heel & cross – side - heel, & rock step, sailor shuffle turning ¼ R

1&2 Cross right over left - Step left to left side - touch right heel diagonally forward
&3&4 Step right next to left - cross left over right - step right to right side - touch left heel diagonally forward
&5-6 Step left next to right - step forward right – recover left
7&8 Cross right behind left - ¼ turn right - step left beside right - step forward right (3:00)

Shuffle forward (L-R-L), rock step, shuffle in place turning full R, side rock- cross

1&2 Step forward left - step right beside left - step forward left
3-4 Step forward right - recover left
5&6 Triple full turn to right on the spot stepping R-L-R (Coaster for easier option) (3:00)
7&8 Step left to left side - recover right – cross left over right

Restart: on wall 4 after counts 16

Have fun

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