

Larger Than Life

拍數: 48 牆數: 4 級數: Improver
編舞者: Rita Masur (CAN) - December 2013
音樂: Larger Than Life - Backstreet Boys



Note: To make it easier for the Beginner Dancer, you can eliminate all the "Restarts" until you feel comfortable with the steps.

Many thanks to Lynn Morandi & Karen Tripp for all their help setting up my step sheet.

Restarts: -

1st – 2nd rotation after Section 5 (facing 6:00)

2nd – 5th rotation after Section 5 (facing 6:00)

3rd – 6th rotation after Section 4 (facing 6:00)

4th – 7th rotation after Section 2 (facing 9:00)

(* , ** , *** , and **** indicates which Restart)

Start on vocals

[Section 1] ROCK FWD, COASTER STEP, ROCK FWD, COASTER STEP

1-2 RF rock forward, recover on LF
3&4 RF step back, LF step together, RF step forward
5-6 LF rock forward, recover on RF
7&8 LF step back, RF step together, LF step forward

[Section 2] PIVOT ½, SHUFFLE FWD, PIVOT ½, SHUFFLE FWD

1-2 RF step forward, pivot ½ left (weight on LF)
3&4 RF shuffle forward stepping right, left, right
5-6 LF step forward, pivot ½ right (weight on RF)
7&8 LF shuffle forward stepping left, right, left

****-----Restart on 7th rotation (9:00)-----

[Section 3] SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, ¼ TURN RIGHT, SHUFFLE

1-2 RF side rock, recover on LF
3&4 RF cross over LF, step LF to side, RF cross over LF
5-6 LF side rock, ¼ turn right stepping on RF
7&8 LF shuffle forward stepping left, right, left

[Section 4] HEEL SWITCH 3 TIMES, CLAP, FWD BUMPS, BACK BUMPS

1& Right heel tap forward, quickly step in place
2&3 Left heel tap forward, quickly step in place, Right heel tap forward
4 Clap hands
5&6 Bump right hip 2X
7&8 Bump left hip 2X

***-----Restart on 6th rotation (6:00)-----

[Section 5] SHUFFLE FWD, ROCK FWD, SHUFFLE BACK, ROCK BACK

1&2 RF shuffle forward stepping right, left, right
3-4 LF rock forward, recover on RF
5&6 LF shuffle back stepping left, right, left
7-8 RF rock back, recover on LF

*----- Restart on 2nd rotation (6:00)-----

**----- Restart on 5th rotation (3:00)-----

[Section 6] 4 SKATES, DIAGONAL RIGHT SHUFFLE, STEP, TOUCH

1-2 RF skate right, LF skate left
3-4 RF skate right, LF skate left
5&6 RF shuffle diagonally forward stepping right, left, right
7-8 LF Step in place, touch RF beside LF

Repeat

[The music fades out at one point in the dance....continue dancing]

Contact: g.r.masur@cogeco.ca
