

Hold On To...

COPPER KNOB
BY STEPHEN BENTLEY

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rosie Multari (USA) - December 2013
音樂: I Hold On - Dierks Bentley



No Tags, No Restarts

Non-country song: **Legendary Lovers by Katy Perry (120 BPM)** available on [amazon.com](https://www.amazon.com) & [amazon.co.uk](https://www.amazon.co.uk)
Oldies song: **Isn't She Lovely by Stevie Wonder (132 BPM)** available on [amazon.com](https://www.amazon.com) & [amazon.co.uk](https://www.amazon.co.uk)

[1-8] LINDY RIGHT, VINE LEFT

1&2,3,4 Step R to side(1), step L next to R(&), step R to side(2), rock L behind R(3), Recover weight to R (4)
5-8 Step L to side (5), cross R behind L (6), step L to side (7), cross R over L(8)

[9-16] LINDY LEFT, VINE RIGHT

1&2,3,4 Step L to side(1), step R next to L(&), step L to side(2), rock R behind L(3), Recover weight to L (4)
5-8 Step R to side (5), cross L behind R (6), step R to side (7), cross L over R(8)

[17-24] SHUFFLES, ROCK FORWARD & BACK*

1&2 Step R forward(1), step L next to R(&), step R forward(2),
3,4 *Rock L forward(3), Recover weight to R(4)
5&6 Step L back(5), step R next to L(&), step L back(6),
7,8 *Rock R back(7), Recover weight to L(8)

[25-32] ¼ TURN LEFT, STEP & POINTS

1-4 Step forward R (1), 1/8 turn left shifting weight onto L (2), Step forward R (3), 1/8 turn left shifting weight onto L (4),
5-8 Step forward R (5), Point (tap) L to side (6) Step forward L (7), Point (tap) R to side (8)

*Choreographer's note: For more experienced dancers, if you prefer, you can substitute ½ turn pivots for the rock steps in the third section
(17-24)creating a Shuffle Forward R, ½ Pivot right, Shuffle Forward L, ½ Pivot left.
Enjoy!!!

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