

Manaña Waltz

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: High Beginner / Low Intermediate
編舞者: Kay Needham (USA) - September 2013
音樂: Manaña Se Va by Frank Galan



OR: Tennessee Waltz by Rian Ungerer

Figure 8 , Left and then Right (cue as ' forward, pivot 1/2,step')

1,2,3 Step fwd left on left turning left foot slightly left (1), step forward on right & pivot 1/2 to left (2), step left beside right (3) -- 6:00
4,5,6 Step fwd right on right turning right foot slightly right (4), step forward on left & pivot 1/2 to right (5), step right beside left (6) – 12:00

Weave it over - pivot 1/2 R (cue as cruise 1/2 right)

1,2,3 Step left across right(1), step right to right side (2), step left behind right (3) 12:00
4,5,6 Turn 1/4 right on right (4), step forward on left foot(5), pivot 1/4 right stepping right on right (6) 6:00

Cross and rock side x 2

1,2,3 Cross left over right (1), step right to right side (2), recover weight on left (3) 6:00
4,5,6 Cross right over left (4), step left to the left side (5), recover weight on right (6) 6:00

Weave it over - pivot 1/2 R (cue as' cruise 1/2')

1,2,3 Step left across right(1), step right to right side (2), step left behind right (3)6:00
4,5,6 Turn 1/4 right on right (4), step forward on left foot(5), pivot 1/4 right stepping right on right (6) 12:00

Twinkle 1/4 L.....waltz back (cue as' cross-quarter-back')

1,2,3 Cross left over right (1), turning 1/4 left step on right (2), step left beside right (3)9:00
4,5,6 Step back on right (4), step left beside right (5), step right beside left (6) 9:00

1/2 waltz left, Right Waltz back (cue as 'Texas 1/2' like in Waltz Across Texas)

1,2,3 Step left turning 1/4 left (1), step right beside left turning 1/4 left (2), step right beside left 3:00
4,5,6 Step back on right (4), step left beside right (5), step right beside left (6) 3:00

Box waltz up and back

1,2,3 Step forward on the left (1), slide right past left and step apart to the right (2), step left beside right (3) 3:00
4,5,6 Step right back (4), slide left past right and step apart to the left (5), step right beside left (6)

2 back twinkles (or sailors)

1,2,3 Step left behind right (1), step right, step left beside right to face front (3) 3:00
4,5,6 Step right behind left (4), step left (5), step right beside left (6) 3:00

Restart the dance (there are no Tags or Restarts)

Contact: jkneedham@gmail.com