

Southern Girl

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate - Cuban Cha Cha
編舞者: Ronald "RONNIE" Grabs (DE) - January 2014
音樂: Southern Girl - Tim McGraw



STEP SIDE-CROSS ROCK / SAILOR STEP / SWAY-SWAY / SYNC. BACK ROCK-1/4 L STEP

1,2,3 step left foot to left side, cross rock right foot forward, recover weight back on left foot and sweep right foot in a small circle from front to back,
4&5 cross step right foot behind left, step left foot to left side, step right foot to right side,
6,7 hold position and sway hips to left side, sway hips to right side and change weight on right,
8&1 cross rock left behind right, recover weight forward on right, turn 1/4 left (face 9:00) stepping left foot forward,

STEP-1/2 R STEPPING BACK / BACK LOCK SHUFFLE / BACK ROCK / SYNC. BACK ROCKS

2,3 step right foot forward, turn 1/2 right (face 3:00) stepping left foot back,
4&5 step right foot back, close left foot in front right, step right foot back,
6,7 rock left foot back, recover weight forward on right foot,
8&1 rock left foot back, recover weight forward on right foot, step left foot back,

CLOSE-1/8 R STEP / FWD. LOCK SHUFFLE / STEP-1/4 L STEP BACK / BACK LOCK SHUFFLE

2,3 step right foot next to left, turn 1/8 right (face 4:30) stepping left foot forward,
4&5 step right foot forward, close left foot behind right, step right foot forward,
6,7 step left foot forward, turn 1/4 left (face 1:30) stepping right foot back,
8&1 step left foot back, close right foot in front left, step left foot back,

1/8 R SIDE ROCK / CROSS SHUFFLE / STEP & SWAY-HOLD / SWAY

2,3 turn 1/8 right (face 3:00) rocking right foot to right side, recover weight on to left foot,
4&5 cross step right in front of left, step left to left side, cross step right in front of left,
6-7 step left foot to left side and slow swaying hips to left side,
8 sway hips to right side and change weight on to right foot,

REPEAT

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