

I Do Move

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Betty Moses (USA) - January 2014
音樂: I Do - Deladap



Intro 16 counts (on lyrics)

Other music:-

Timber by Pitbull (featuring Ke\$ha) – Intro 16 counts (on lyrics)

Country Done Come To Town by John Rich – Intro 16 counts (on lyrics)

If I Was A Woman by Trace Adkins & Blake Shelton – Intro 16 counts (on lyrics)

Note: No Tags Or Restarts with the songs I Do by !DelaDap, Timber by Pit Bull or If I Was A woman by Trace Adkins & Blake Shelton

Three easy Restarts with the song Country Done Come To Town by John Rich

[1 – 8] SIDE TOGETHER-COASTER CROSS, SIDE TOGETHER-COASTER CROSS

1 – 2 Step R to the R side, Step L next to R
3 & 4 Step R back, Step L next to R , Step R fwd
5 – 6 Step L to R side, Step R next to L
7 & 8 Step L back, Step R next to L , Step L fwd

[9-16] SIDE ROCK/RECOVER CROSS SHUFFLE, ¼ TURN ¼ TURN, CROSS SHUFFLE

1 – 2 Rock R to the R side, Recover on L
3 & 4 Cross R across L, Step L to the L, Step R across L
5 – 6 Step L back turning ¼ R, Step R to the R turning ¼ R
7 & 8 Cross L across R, Step R to the R, Step L across R

[17-24] STEP-HOLD, BALLSTEP-TOUCH, WEAWE LEFT

1 – 2 Step R to the R side, Hold (optional hip bumps on hold, R-L- R)
&3-4 Step ball of L next to R, Step R to R side, Touch L next to R
5 - 8 Step L to the L side, Step R behind L, Step L to the L side, Cross R over L

(Option: Full Turn Left, 5 – 8, Step L fwd turning ¼ L, Step R back turning ½ L, Step L to side turning ¼ L, Step R across L)

[25-32] STEP-HOLD, BALLSTEP-TOUCH, WEAWE RIGHT

1 - 2 Step L to the L side, Hold (optional hip bumps on hold, L- R-L)
&3-4 Step ball of R next to L, Step R next to L, Touch R next to L
5 – 8 Step R to the R side, Step L behind R, Step fwd turning ¼ R, Step L fwd

(Option: Full 1¼ Turn Right, 5 – 8, Step R fwd turning ¼ R, Step R back turning ½ R, Step R fwd turning ½ R, Step L fwd)

[33-40] FORWARD ROCK/RECOVER, STEP TOGETHER, FORWARD ROCK/RECOVER, TRIPLE BACK, BACK ROCK/RECOVER

1-2 Rock R fwd, Recover on L
&3-4 Ball Step R next to L, Rock L fwd, Recover on R
5&6 Triple step back L – R – L
7-8 Rock back or R, Recover on L

[41-48] SIDE ROCK/RECOVER, CROSS SHUFFLE, ¼ TURN ¼ TURN, STEP FORWARD LEFT – RIGHT

1 – 2 Rock R to right, Recover weight on L
3&4 Cross shuffle, R-L-R
5-6 Step back on L turning ¼ right, Step forward on R turning ¼ right

7-8 Walk forward on L, Walk forward on R

[49-56] FORWARD ROCK/RECOVER, STEP TOGETHER, FORWARD ROCK/RECOVER, TRIPLE BACK, BACK ROCK/RECOVER

1-2 Rock L fwd, Recover on R
&3-4 Ball Step L next to R, Rock R fwd, Recover on L
5&6 Triple step back R – L - R
7-8 Rock back on L, Recover on R

[57-64] STEP-HOLD, BALLSTEP-BRUSH, ¼ TURN JAZZ BOX, CROSS L OVER R

1 - 2 Step L to the L side, Hold (optional hip bumps on hold, L- R-L)
&3-4 Step R next to L, Step R next to L, Brush R forward
5-6 Step R across L, Turn ¼ R stepping back on L
7-8 Step R to R side, Step L across R (Option: Step R to R side swaying hips R, Sway hips L weight ends on L)

Start Again

When using Country Done Come To Town

Three easy Restarts

Restart 1: Wall 2 – Dance section 1, section 2 and section 3 as usual – during section 4 dance first 4 counts as usual dance 5-6-7-8 as follows (Omit 1¼ turn)

5-8 Step R to the R side, Step L behind R, Step to R side, Step L across R – facing 12:00
(Option: Full Turn Right, 5 – 8, Step R fwd turning ¼ R, Step R back turning ½ R, Step R side turning ¼ R, Step L across R)

Restart 2: Wall 4 - Dance section 1, section 2 and section 3 as usual – during section 4 dance first 4 counts as usual dance 5-6-7-8 as follows (Omit 1¼ turn)

5-8 Step R to the R side, Step L behind R, Step to R side, Step L across R – facing 12:00
(Option: Full Turn Right, 5 – 8, Step R fwd turning ¼ R, Step R back turning ½ R, Step R side turning ¼ R, Step L across R)

Restart 3: Wall 5 – Dance section 1 – Restart dance from the beginning

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