

Mighty Fine

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Lynne Martino (USA) - July 2015
音樂: Finest Woman - Rod Stewart : (Album: Time)



Country Alternative: That's How Country Boys Roll by Billy Currington

Start on Vocals

[1-8] LOCK STEPS, TOUCH, LOCK STEPS, TOUCH

- 1-4 Step R forward towards 1:00(1), lock L behind R(2) step R forward towards 1:00(3) touch L next to R(4)
5-8 Step L forward towards 11:00(5), lock R behind L(6), step L forward towards 11:00(7), touch R next to L(8)

(Styling Note: as you step forward bend your elbows and swing your arms forward-Supremes Move)

[9-16] GRAPEVINES

- 1-4 Step R to right side(1), step L behind R(2), step R to right side(3), touch L next to R(4)
5-8 Step L to left side(5), step R behind L(6), step L to left side(7), touch R next to L(8)

[17-24] TOE STRUTS, OUT, OUT, IN, IN

- 1-4 Step forward on R toe(1), step down on R heel(2), step forward on L toe(3) step down on L heel(4)
5-8 Step back and out on R(5), step back and out on L(6), step forward and in on R(7), step forward and in on L(8)

[25-32] STEP, PIVOT 1/8, STEP PIVOT 1/8,STEP, SHIMMIES

- 1-4 Step R forward(1) pivot 1/8 turn left(2), step R forward(3), pivot 1/8 turn left (9:00)
5&6 Step R forward (5)shimmy shoulders and lean forward as you shimmy (5&6)
7&8 Putting weight back on L, shimmy shoulders leaning back(7&8). Weight will end up on L.

(When doing the 1/8 turns, roll your hips into the turn. You can also do hip bumps instead of shimmies for cts. 5&6 and 7&8)

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