

Little Zou Bisou

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sandra Speck (UK) - January 2014
音樂: Zou Bisou Bisou - Emilia Mitiku : (Album: I Belong to You)



32 count intro, (approx. 15 seconds) Starts on the word 'Zou'

SECTION 1: WALK WALK SHUFFLE FORWARDS, ROCK RECOVER SHUFFLE BACK

1-2 Walk forward on right foot, walk forward on left foot
3&4 Step forward on right foot, close left foot next to right, step forward on right foot
5-6 Rock forward on to left foot, recover on to right foot
7&8 Step back on left foot , close right next to left, step back on left foot

SECTION 2: WALK BACK, BACK (POPPING KNEES) COASTER STEP, STEP ¼ CROSS SHUFFLE

1-2 Step back on right foot popping the left knee, step back on left foot, popping the right knee
3&4 Step back on right foot, close left foot next to right, step forward on right foot
5-6 Step forwards on left foot, pivot ¼ turn right, weight on right foot
7&8 Cross left foot over right, step right to right side, cross left foot over right

SECTION 3: SIDE ROCK RECOVER CROSS SHUFFLE, BACK, ¼ SIDE, CROSS, SIDE

1- 2 Step right foot to right side, recover on to left
3&4 Cross right foot over left, step left to left side, cross right foot over left
5-6 Step back on left making ¼ turn right, step right foot to side
7-8 Cross left foot over right, step right foot to side

SECTION 4: BEHIND SIDE, CROSS SHUFFLE, POINT, DRAG

1-2 Cross left foot behind right, step right foot to side
3&4 Cross left foot over right, step right foot to side, cross left foot over right
5 Point right foot to right side
6,7,8 Drag right foot towards left, keeping weight on left foot.

Start again from the beginning, remember to add some attitude!

Contact: sandra.speck@btinternet.com